



International Aerobic Gymnastics Competition "Lithuanian Open CHAMPIONSHIP 2019",




5-6th April, 2019

DIRECTIVES

Dear Federation/Club,

The Lithuanian Gymnastics Federation and the Lithuanian Aerobics Federation have the pleasure to invite your Federation/Club to participate in the International Aerobic Gymnastics Competition "Lithuanian Open Championship 2019", to be held in Prienai, Lithuania.



DISCIPLINE	Aerobic Gymnastics
HOST FEDERATION	Lithuanian Aerobics Federation Contact person: Roma Aleksandraviciene Sporto Str. 6, LT-44221 Kaunas, Lithuania Mobile: +370 68636488 E-mail: sportineaerobika@gmail.com Web: www.lietuvosaerobikosfederacija.org
ORGANIZING COMMITTEE	Lithuanian Aerobics Federation Contact person: Roma Aleksandraviciene Sporto Str. 6, LT-44221 Kaunas, Lithuania Mobile: +370 686 36488 E-mail: sportineaerobika@gmail.com Contact persons: Irina Kliziene Mobile: +370 682 39370 E-mail: irina.kliziene@ktu.lt Giedre Vaitauskiene Mobile: +370 610 14712 E-mail: vaitauskiene@gmail.com Web: www.lietuvosaerobikosfederacija.org
LOCATION	Prienai, Kaunas County, Lithuania
DATES	5-6 th April, 2019
VENUE	Prienai District Municipality Physical Education and Sports Center Pramones str. 20, Prienai, Lithuania Phone: +370 319 60053 E-mail: info@prienusportas.lt Web: www.prienusportas.lt 
EQUIPMENT	GYMNOVA Aero Floor "Cancun" Ref. 6632
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Technical Regulations• Code of Points and relevant Newsletters• General Judges' Rules• Specific Judges' Rules

	<ul style="list-style-type: none"> • Doping Control Rules • Licence Rules (except for non-competitive events) • Media Rules • Apparatus Norms • FIG Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>						
FEDERATIONS INVITED	The Organizing Federation invites all FIG member Federations in good standing.						
PARTICIPATION AND AGE LIMITS	ND 1 (6-8), ND 2 (9-11), AG 1 (12-14), AG 2 (15-17), Seniors (18 and older) Each federation or club must send at least 1 judge						
REGISTRATION DEADLINES	<table border="1"> <tr> <td>Provisional registration</td> <td>5th February 2019</td> <td>2 months prior to the event</td> </tr> <tr> <td>Nominative registration</td> <td>5th March 2019</td> <td>1 month prior to the event</td> </tr> </table>	Provisional registration	5 th February 2019	2 months prior to the event	Nominative registration	5 th March 2019	1 month prior to the event
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ENTRY FEES	<p>The Entry Fees for this event are:</p> <ul style="list-style-type: none"> - EUR 20,00 for IW/IM - EUR 30,00 for MP - EUR 45,00 for TRIO - EUR 60,00 for GROUP - EUR 70,00 for AERO DANCE/AERO STEP 						
ACCREDITATION	<p>The accreditation of delegations will take place upon arrival at the Prienai District, Pramones str. 20, Prienai, Lithuania</p> <p>. For accreditation the head of delegation is required to bring the following:</p> <ul style="list-style-type: none"> - passports of all members of the delegation - proof of medical insurance of all members of the delegation - CDs with music for the programs (2 copies for each routine +1 copy to be kept for training) - national flag 						
COMPETITION FORMAT	<p>Qualifications and finals will be carried out in each of the 5 categories (IM, IW, MP, TR and GR)</p> <p>The top 8 (eight) competitors from the Qualifications in each Age Group (Seniors (18 and older), AG 2 (15-17), AG1 (12-14) and ND1 (6-8), ND2 (9-11)) and Category (IW, IM, MP, TR and GR) will take part in the Finals (maximum two per Category and Nation).</p> <p>Aero Dance and Aero Step: only the finals (ND2, AG1, AG2 and Seniors categories).</p>						
PROVISIONAL SCHEDULE	<ul style="list-style-type: none"> - April 4th: Arrival, Podium training possibility, Orientation Meeting, Judges' Meeting - April 5th: Qualifications in all categories - April 6th: Finals in all categories, Competition - April 7th: Departure 						
MEDICAL SERVICES	Medical services will be provided by the Organizing Committee during training and the competition. A physiotherapist and medical team will be present during training and the competition. Medical support is also available at the city Hospital.						
VISA	<p>The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 5th March 2019 to the OC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, home address, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>						
INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The OC will verify the insurance upon arrival of the delegation members</p>						

	(e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the OC in advance.										
INTERNATIONAL TRANSPORTATION	The Participating Federations/Clubs must pay for the travel costs of their delegation members. The Travel Schedule Form must be submitted to the Organizing Committee by 5 th March 2019.										
LOCAL TRANSPORTATION	The organizers will provide transportation from Vilnius Airport and the Vilnius railway/bus stations to the hotels and the competition venue. These transportation costs should be paid to the Organizing Committee by 5 th March 2019.										
ACCOMMODATION	The Organizing Committee will cover the accommodation fees for the participating delegations. All booking must be made through the Organizing Committee. Hotel City Kaunas ** (Kaunas city, 30 km from the competition venue) single room – 32 Eur per person (with breakfast), double room – 22 Eur per person (with breakfast), triple room – 20 Eur per person (with breakfast). Ibis Kaunas Centre*** (Kaunas city, 30 km from the competition venue) single room – 32 Eur per person (with breakfast), double room – 23 Eur per person (with breakfast), triple room – 22 Eur per person (with breakfast). Quest House Audenis (7 km from the competition venue) single room – 35 Eur per person (with breakfast), double room – 26 Eur per person (with breakfast). Hotel Royal SPA Residence Birstonas **** (5 km from the competition venue) single room – 62 Eur per person (with breakfast and SPA Centre), double room – 32 Eur per person (with breakfast and SPA Centre).										
MEALS	The Participating Federations/Clubs must cover the meal expenses of their delegation members. Meals (lunch and dinner) will be provided at the competition venue. The price for one meal is 5 Eur. The price for full board (lunch and dinner) is 8 Eur.										
BANK ACCOUNT INFORMATION	Please make your bank transfers to: Lithuanian Aerobics Federation Address: Sporto str. 6, LT-44221 Kaunas, Lithuania Bank: SEB Bank Account: LT397044060002939369 SWIFT Code: CBVILT2X										
JUDGES AND JURIES	All judges must have a current valid FIG brevet at the time of the event.										
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Sincerely Yours,

Kaunas, 22th October 2018



 Roma Aleksandraviciene
 President of Lithuanian Aerobic Federation