



I INTERNATIONAL TOURNAMENT OF AEROBIC GYMNASTICS

“CITY OF BRAGA”

“BE HAPPY IN GYMNASTICS”

Dear Gymnastic friends,

Braga city hall, in the quality European City of Sport 2018, has the honor to invite all F.I.G affiliated federations to be present, through national team or club members, in the “I International Tournament of Aerobic Gymnastics - City of Braga”

The purpose of this competition is to spread out Aerobic Gymnastics at national level, particularly in the north of Portugal, and even more specifically in Braga City.

Therefore, this tournament intended to have a high scope, so it will incorporate both 1st and 2nd division competitions, with **“PRIZE MONEY”**.

We believe that all conditions are set for the success of this event, so we are expecting your enthusiastic participation.

Be welcome.



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AIM

The “I Torneio Internacional de Ginástica Aeróbica da Cidade de Braga - Be Happy in Gymnastics” is one of the main events of “BRAGA – EUROPEAN CITY OF SPORT 2018” agenda.

It is intended, that this activity could be a stimulus for the improvement of sport leisure and competition practice conditions, in general, and more specific in gymnastics. Therefore, gymnastics activities that include this sport agenda, should incorporate the most representative clubs, in order to promote and improve training knowledge and conditions.

Particularly, in Aerobic Gymnastics, we intended to stimulate the adherence of this sport in Braga, as well as strength it's projection in north of Portugal.

COMPETITION

COMPETITION LEVEL

The tournament includes two different levels of participation, organized by age groups: beginners / Juveniles (AG1) / Juniors (AG2) / Seniors, all at Individual Woman (IW), Individual Men (IM), Trio (TR) and Group (GR) categories.

1ª DIVISION

National gymnasts affiliated in Portuguese Gymnastics Federation (FGP) in this category, and foreigner's athletes that compete in the same category or equivalent in their country. Evaluation in accordance with CoP – F.I.G.

2ª DIVISION

National gymnasts affiliated in FGP, in this category, and foreigner's athletes that compete in the same category or equivalent in their country. Evaluation in accordance with the Adapted National Code.

PARTICIPATION

LEVELS, AGE GROUPS AND CATEGORIES

The competition is based in an organized structure, similar to the finals for each age groups.

All Portuguese participants need to be affiliated in F.G.P.

The athlete's age should be effective during 2018 year.

| Levels | Groups | Age | Categories |
|--------------------------|-----------|---------|-------------------|
| 1 st Division | Beginners | 9...11 | IF / IM / TR / GR |
| | Juveniles | 12...14 | IF / IM / TR / GR |
| | Juniors | 15...17 | IF / IM / TR / GR |
| | Seniors | 18 e + | IF / IM / TR / GR |
| 2 nd Division | Beginners | 9...11 | IF / IM / TR / GR |
| | Juveniles | 12...14 | IF / IM / TR / GR |
| | Juniors | 15...17 | IF / IM / TR / GR |
| | Seniors | 18 e + | IF / IM / TR / GR |



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DATE AND PLACE

The Tournament will take place in 2nd, 3rd and 4th of February 2018;

| Day /Month | Division | Activity |
|------------|---------------------------------|-------------|
| 2/Feb. | 1 ^a / 2 ^a | Trainings |
| 3/Feb. | 2 ^a | Competition |
| 4/Feb. | 1 ^a | Competition |

The Tournament will occur in the city of Braga, more specifically in the Sport Facilities of Minho University.

RULES

1^a DIVISION

The judgement will be based on International Code of Points from the International Gymnastics Federation (CoP-FIG).

2^a DIVISION

The judgement will be based on Adapted Nacional Code for Aerobic Gymnastic (CAP-FGP)

REGISTRATION

Registration Schedule

The registration of Portuguese athletes should be done online in Gymbase.

1^o Time

Registrations until 29th of December 2017: 35€ (*each athlete*), this value is independent of the number of competitions performed (maximum of 2 competitions)

2^oTime (*limit date for registrations*)

Registrations between 30th of December 2017 and 12th of January 2018: 45€ (*each athlete*), this value is independent of the number of competitions performed (maximum of 2 competitions)

NOTE: further information's regarding registrant and IBAN, for payments will be indicated opportunely.

JUDGING

TECHNICAL COMPETITON DIRECTION

Will be provided soon.

EXECUTIVE COMPETION DIRECTION

Responsibility of the completion organization.

JUDGE METTING

Will occur in day 2nd, at night, the hour will be indicated later

NOTE: all judges need to be present



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JUDGE COMPOSITION

The judges panel will be composed by:

- 1 Chair of judges panel
- 2 Difficulty judges
- 2 Artistic judges
- 2 Execution judges

RESULTS / AWARDS

RESULTS

The final results will be organized in accordance with the classifications obtained by each individual, trio or group athlete, making to correspond the best score to the 1st place, the second best score to the 2nd place, and so on, until the last classified, in each competition.

AWARDS

PRESENCE:

All competitors will receive a participation medal.

CLASSIFICATION RESULTS

The competitors classified in the first three places in each competition, will received a medal.

The athletes classified in the 1st place, in 1st or 2nd divisions, in all age groups and categories, will even own a prize money.

| PRIZE MONEY (1 st Classified) | | | |
|---|-----------------|----------------|-------------------|
| Characteristics | | | Value |
| 1 st Division | Beginners | (IF/IM/TRI/GR) | 30€/30€/45€/60€ |
| | Juveniles (AG1) | (IF/IM/TRI/GR) | 40€/40€/60€/80€ |
| | Juniors (AG2) | (IF/IM/TRI/GR) | 60€/60€/90€/120€ |
| | Seniors | (IF/IM/TRI/GR) | 80€/80€/120€/160€ |
| 2 nd Division | Beginners | (IF/IM/TRI/GR) | 20€/20€/30€/40€ |
| | Juveniles (AG1) | (IF/IM/TRI/GR) | 30€/30€/45€/60€ |
| | Juniors (AG2) | (IF/IM/TRI/GR) | 40€/40€/60€/80€ |
| | Seniors | (IF/IM/TRI/GR) | 50€/50€/75€/100€ |



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MUSIC

MUSIC ORGANIZATION

All music's should be sent, in MP3 format, until de 12th of January 2018, through WeTransfer, identified by level, age group, category and the name of the athlete to an e-mail that will be further provided.

In accreditation, each participant entity should have present all of the music's of its own athletes in a PEN DRIVE, identified by level, age group, category and the name of the athlete.

All music should be tested during the training sessions.

REGISTRATION FORMS

All of registration forms will be available later.

CONTACTS

All of contacts will be available later.