



**CZECH AEROBIC OPEN 2020  
PRAGUE, CZECH REPUBLIC  
20<sup>th</sup> March - 22<sup>nd</sup> March, 2020**



## DIRECTIVES

### Event ID:

Dear FIG affiliated Member Federation,

The Czech Gymnastics Federation has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

<b>DISCIPLINE</b>	<b>Aerobic Gymnastics</b>
<b>HOST FEDERATION</b>	<b>Czech Gymnastics Federation</b> Zatopkova 100/2, 160 17 Praha 6 Contact person: Mr. Roman Slavík Phone: +420 242 429 260, Mobil: +420 739 300 960 Email: <a href="mailto:slavik@gymfed.cz">slavik@gymfed.cz</a> Website: <a href="http://www.gymfed.cz">http://www.gymfed.cz</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	<b>Czech Gymnastics Federation</b> Zatopkova 100/2, 160 17 Praha 6 Contact person: Mrs. Eliška Strakošová Phone: +420 774 962 942 Email: <a href="mailto:estrakosova@centrum.cz">estrakosova@centrum.cz</a> Website: <a href="http://www.gymfed.cz">http://www.gymfed.cz</a>
<b>LOCATION</b>	<b>PRAGUE, the Czech Republic</b>
<b>DATE</b>	<b>From 20<sup>th</sup> March to 22<sup>th</sup> March, 2020</b>
<b>VENUE</b>	<b>WELNESS HOTEL STEP</b> Sport's Hall Malletova 1141/4, 19000 Praha 9 Phone: +420 296 786 100 Email: <a href="mailto:kongresmanager@hotelstep.cz">kongresmanager@hotelstep.cz</a> Website: <a href="http://www.wellness-hotel-step.cz">http://www.wellness-hotel-step.cz</a>
<b>APPARATUS SUPPLIER</b>	<b>GYMNOVA (Aero Floor One, Ref. 6630)</b>
<b>RULES AND REGULATIONS</b>	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"><li>• Statutes</li><li>• Code of Ethics</li><li>• Technical Regulations</li><li>• Code of Points and relevant Newsletters / Helpdesk</li><li>• General Judges' Rules</li><li>• Specific Judges' Rules</li><li>• Anti-Doping Control Rules</li><li>• Medical Organisation of FIG Competitions and Event</li><li>• Framework for Safeguarding during Events</li><li>• Licence rules</li><li>• Media Rules</li><li>• Apparatus Norms</li><li>• FIG Rules for Sanctioning (approval) of International Events</li></ul>

	<ul style="list-style-type: none"> <li>Advertising and Publicity Rules</li> <li>Regulations for Award Ceremonies</li> <li>Accreditations Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>						
<b>FEDERATIONS INVITED</b>	The Organizing Member Federation will invite all FIG Member Federations in good standing.						
<b>AGE LIMITS</b>	<p><b>Aerobic Gymnastic, NG: 6-8 years, ND: 9-11 years, AG1: 12-14 years, AG2: 15-17 years, Seniors: 18 year and older</b></p> <p><b>AG2 and Seniors - All gymnasts in good standing with the correct age and holding a valid FIG licence until the end of the event, may participate.</b></p> <p>The LOC will be responsible for checking the validity of all gymnasts Licences.</p> <p>No gymnasts will be accepted without a valid License at the deadline of the Nominative Registration.</p> <p><b>NG, ND &amp; AG1 and Aerobice Dance &amp; Aerobic Step categories – without FIG licence (no FIG licence is needed).</b></p>						
<b>CATEGORIES</b>	<p><b>NG, ND, AG1, AG2, Seniors: IW / IM / MP / TR / GR</b></p> <p><b>ND, AG1, AG2, Seniors: AD / AS</b></p>						
<b>JUDGES AND JURIES</b>	<p><b>All judges must have a current valid FIG brevet at the time of the event, for the respective discipline.</b></p> <p>Each participating federation must send at least 1 judge Cat. 1, Cat. 2, Cat. 3 or Cat. 4. Failure to do so, will result in a fine of 500 € to be paid to the LOC until the Nominative Registration (28<sup>th</sup> February 2020).</p> <p>The number of Judge’s panels may be decided by the Organizing Member Federation depending on the number of participating competitors and judges.</p> <p>The Juries will be set by a draw from the judges present at the event. The priority will be given to the judges of the highest category.</p>						
<b>REGISTRATION DEADLINES</b>	<table border="1"> <tr> <td>Definitive registration:</td> <td><b>31<sup>st</sup> January, 2020</b></td> <td>7 weeks prior to the event</td> </tr> <tr> <td>Nominative registration:</td> <td><b>28<sup>st</sup> February, 2019</b></td> <td>3 weeks prior to the event</td> </tr> </table>	Definitive registration:	<b>31<sup>st</sup> January, 2020</b>	7 weeks prior to the event	Nominative registration:	<b>28<sup>st</sup> February, 2019</b>	3 weeks prior to the event
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<b>ENTRY FEES</b>	<p>The Entry fees for the different categories in each Age Group are as follows:  <b>IW &amp; IM: 20 € / MP 30 € / TR: 50 € / GR: 60 € / DA: 80 € / ST: 80 €</b></p> <p><b>100% of the Entry fee must be paid to the bank account of the Czech Gymnastics Federation on 31<sup>st</sup> January, 2020 at the latest</b> (the deadline for the Definitive Entry).</p>						
<b>ACCREDITATION</b>	<p>The accreditation will take place at the venue “Wellnes Hotel Step” upon arrival of the delegations. The accreditations will be handed to the Head of delegation. Detailed information about the accreditation procedure will be given with the Work Plan that will be distributed to all participating Federations on 9<sup>th</sup> March, 2020 at the latest.</p> <p>In addition, the LOC will distribute information regarding the gymnasts’ safeguarding plan.</p>						
<b>EVENT FORMAT</b>	<p>The competition consists of Qualifications and Finals in Age Groups (SEN, AG2, AG1) and all categories. There will be no qualification in age group NG and ND and there will be no qualification if less than 8 units in categories.</p> <p><b>QUALIFICATIONS:</b>  There is no limit on the number of participants per category and nation in the Qualifications.</p>						

	<p><b>FINALS:</b> The top 8 (eight) competitors from the Qualification in each Age Groups (SEN, AG2, AG1) and category (IW, IM, MP, TR, GR, DA, ST) will take part in the Finals (maximum two per category and nation) plus 3 (three) competitors from organizing Federation in each category if their not qualified to the finals.</p> <p>AD and AS: only finals, not Qualification round.</p>
<b>PROVISIONAL SCHEDULE</b>	<p><b>Thursday, 19<sup>th</sup> March 2019</b> - Arrival, Accreditation</p> <p><b>Friday, 20<sup>th</sup> March 2020</b> - Training possibility, Orientation Meeting, Judges Meeting, - Competition in category NG (IW, IM, MP) &amp; ND (IW, MP, GR)</p> <p><b>Saturday, 21<sup>th</sup> March 2020</b> - Training possibility, Judges Meeting - Competition in category NG (TR, GR) ND (IM, TR, DA, ST) - Qualifications in category AG1, AG2 &amp; SEN (IW, IM, MP, TR, GR, DA, ST)</p> <p><b>Sunday, 22<sup>th</sup> March 2020</b> - Training possibility, Judges Meeting - Finals in category AG1, AG2 &amp; SEN (IW, IM, MP, TR, GR, DA, ST)</p> <p><b>Monday, 23<sup>th</sup> March 2020</b> - Departure</p>
<b>EVENT MANAGER</b>	<p>Mrs. Eliška Strakošová Phone: +420 774 962 942, Email: <a href="mailto:estrakosova@centrum.cz">estrakosova@centrum.cz</a></p>
<b>MEDICAL SERVICES</b>	<p>During all days (training and competition) official medical persons will be present in the training and competition halls.</p>
<b>VISA</b>	<p>Please verify immediately with your travel agent or the Czech Republic Embassy or Consulate in your country if a visa is required for your travel to the Czech Republic. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>21<sup>st</sup> February, 2020</b> to the Czech Gymnastics Federation.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>The LOC will subsequently offer insurance at the Federations own charge. Information about the cost of the insurance will be given with the Work plan.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating federations must pay for the travel costs of their delegation members. The Travel Schedule Form must be returned to the LOC by <b>28<sup>th</sup> February 2020</b>. If person from one delegation/Federations are arriving and departing with different flights, please fill in separate travel forms for each group of persons and indicate on the travel form the exact number of persons.</p>
<b>LOCAL TRANSPORTATION</b>	<p>The LOC may provide transportation free of charge to all delegation members, who have booked their accommodation through the LOC, from</p>

	<p>the Prague Václav Havel Airport, Prague Railway Stations and Prague Florenc Bus Station to the their hotel and back on the official arrival and departure days.</p>
<b>ACCOMMODATION</b>	<p><b>Wellnes Hotel Step****</b>  Malletova1141/4, 190 00 Praha 9  Web site: <a href="http://www.wellness-hotel-step.cz/">http://www.wellness-hotel-step.cz/</a>  The costs per room /night are as follows:  <b>75 €</b> (Single room, including breakfast)  <b>85 €</b> (Double room, including breakfast)  <b>110 €</b> (Triple room, including breakfast)</p> <p><b>Relax Inn ****</b>  Novovysocanska 163/254, 190 00 Praha 9  Web site: <a href="http://www.relaxinn.cz/">http://www.relaxinn.cz/</a>  The costs per room /night are as follows:  <b>80 €</b> (Single room, including breakfast)  <b>95 €</b> (Double room, including breakfast)  <b>110 €</b> (Triple room, including breakfast)</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Provisional Accommodation Form must be returned to the LOC by <b>31<sup>st</sup> January, 2020</b> at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p><b>The invited participating federations must pay for the accommodation expenses of their delegation members.</b></p> <p>The costs for the accommodations must be paid to the LOC as follows:  50% of the payment - <b>31<sup>st</sup> January 2020</b>  100% of the payment - <b>28<sup>th</sup> February 2020</b></p>
<b>MEALS</b>	<p>During the competition lunch and dinner are available at the Wellness Hotel Step (Mallatova 1141/4, 19000 Praha 9) close to the competition hall.</p> <p><b>Lunch 15 €</b>  <b>Dinner 15 €</b></p> <p><b>The invited participating federations must pay for the meals expenses of their delegation members.</b></p> <p>The 100% costs for the meals must be paid to the LOC by <b>28<sup>th</sup> February 2020</b>.</p>
<b>CANCELATION POLICY</b>	<p>In case of room cancellations until <b>7<sup>th</sup> February 2020</b>, the LOC will refund 100% of the amount of annulled rooms.</p> <p>In case of room cancelations until <b>28<sup>th</sup> February 2020</b>, the LOC will refund 50% of the amount of annulled rooms.</p> <p>In case of room and meals cancellations after <b>28<sup>th</sup> February 2020</b>, no claims of refunds will be accepted.</p>
<b>BANK ACCOUNT INFORMATION</b>	<p><b>Account Name: CESKA GYMNASTICKA FEDERACE</b>  <b>Bank Name: MONETA MONEY BANK a.s.</b>  <b>Bank Address: Vitezne namesti 577/2, 160 00 Praha 6</b>  <b>Account Nr.: 1724809504/0600</b>  <b>IBAN: CZ64 0600 0000 0017 2480 9504</b>  <b>BIC: AGBACZPP</b></p> <p>Each participating member Federation is kindly requested to integrate the payment’s purpose as follows: <b>CZECH AER OPEN</b></p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>

<b>MARKETING MEDIA</b>	FIG advertising and publicity norms must be respected. The Media Officer of the Czech Gymnastics Federation will be present. Email: <a href="mailto:cgf@gymfed.cz">cgf@gymfed.cz</a> The national and local media will report the event. TV broadcast will be provided as well. More information at <a href="http://www.gymfed.cz">www.gymfed.cz</a>																								
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<b>DEADLINES SUMMARY</b>	The forms should be sent to the LOC and the Czech Gymnastics Federation as specified below within the respective deadlines. The LOC and the Czech Gymnastics Federation: <a href="mailto:cgf@gymfed.cz">cgf@gymfed.cz</a>																								
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<b>ADDITIONAL INFORMATION</b>	Detailed information about the program, schedules and organization of the event will be given to the Work Plan and will be send to all participating Federations after the nominative registration deadline, on 9 <sup>th</sup> March, 2020 at the latest. The Draw for the Qualifications and Finals will be done by the LOC until 17 <sup>th</sup> February, 2020 according to the received Definitive Entries. The Start list will be distributed to all participating Federations together with the Work Plan.																								

If you have any questions, please don't hesitate to contact us.

Looking forward to welcome you to the **Czech Aerobic Open 2020**.

Sincerely Yours,



Prague, 23.12.2019

Signature of the President  
of the Czech Gymnastics Federation