



**The 15th Heathrow Aerobic Gymnastics
International Club Competition,
Bracknell, GBR
30th May – 31st May 2020**

DIRECTIVES

Dear FIG affiliated Member Federation,

Heathrow Aerobics Gymnastics Club has the pleasure to invite your Federation to participate in the aforementioned Competition.

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| DISCIPLINE | Aerobic Gymnastics |
| ORGANIZING COMMITTEE | Heathrow Aerobic Gymnastics Club Contact: Gary Jarvis Contact Email: gary@heathrowaerobicsgymnastics.co.uk Phone: 0044 1344 488885 Website: www.heathrowaerobicsgymnastics.co.uk |
| LOCATION | Bracknell Sports and Leisure Centre , Bracknell, Berkshire, RG12 9SE, United Kingdom. |
| DATE | 30 to 31 May 2020 |
| VENUE | Bracknell Sports and Leisure Centre , Bracknell, Berkshire, RG12 9SE United Kingdom www.bracknell-forest.gov.uk/bracknellleisurecentre |
| APPARATUS SUPPLIER | Gymnova , Aerobic Gymnastics Floor. 6630 |
| RULES AND REGULATIONS | The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> • Statutes • Code of Ethics • Technical Regulations • Code of Points and relevant Newsletters / Helpdesk • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • Medical Organisation of FIG Competitions and Events • Framework for Safeguarding during Events • License Rules • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p style="text-align: center;">and subsequent decisions of the FIG Executive Committee</p> |
| FEDERATIONS INVITED | The organising member federation and Heathrow Aerobic Gymnastics Club will invite all Member Federations/Clubs in good standing. |
| AGE LIMITS | AER: National Development AG1:12-14, Junior:15-17, Senior:18+ |

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| JUDGES AND JURIES | <p>All judges must have a current valid FIG brevet at the time of the event, for the respective discipline.</p> <p>Each Club/Delegation must send 1 or 2 judges with a valid FIG Brevet Qualification for this cycle, minimum Cat IV Brevet.</p> <p>FIG Judging Panels will conform to FIG COP configuration i.e. 4 Artistic, 4 Execution, 2 Difficulty and Chair of Judges, 1 Time and 2 Lines.</p> <p>Failure to bring one judge with your delegation will result in a fine of: £200 GBP to be paid to the LOC by the deadline of 1st April 2020.</p> | | | | | | | | | |
| REGISTRATION DEADLINES | <table border="1"> <tr> <td data-bbox="454 398 774 472">Provisional Registration</td> <td data-bbox="774 398 1093 472">1st March 2019</td> <td data-bbox="1093 398 1474 472">Must be filed 2 months prior to the event</td> </tr> <tr> <td data-bbox="454 472 774 546">Definitive Registration</td> <td data-bbox="774 472 1093 546">1st April 2019</td> <td data-bbox="1093 472 1474 546">Must be filed 8 weeks prior to the event</td> </tr> <tr> <td data-bbox="454 546 774 607">Nominative Registration</td> <td data-bbox="774 546 1093 607">1st April 2019</td> <td data-bbox="1093 546 1474 607">Must be filed 8 weeks prior to the event</td> </tr> </table> | Provisional Registration | 1st March 2019 | Must be filed 2 months prior to the event | Definitive Registration | 1st April 2019 | Must be filed 8 weeks prior to the event | Nominative Registration | 1st April 2019 | Must be filed 8 weeks prior to the event |
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| ENTRY FEES | <p>First Entry: IW, IM, MP, TR & GR: £39.50 per person. Additional Entry: £18.50 per person.</p> <p>Example - If you enter a gymnast as an Individual the fee would be £39.50 if you also enter that gymnast in a Mixed Pair then you would add an additional £18.50 per gymnast</p> <p>Entry fees are calculated at the Nominative entry stage by our online entry system.</p> | | | | | | | | | |
| ACCREDITATION | <p>The accreditation will take place at the Bracknell Sports Centre Sports Hall. The accreditations will only be handed out to the Head of Delegation. All delegations must deliver 1 music CD for each routine (in addition to uploading music online – see below), insurance declaration and passports of all members.</p> <p>A Difficulty Elements list by email for each routine will be requested prior to the event. In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p> | | | | | | | | | |
| PROVISIONAL EVENT FORMAT | <p>Number of Participants:</p> <p>1 Head of Delegation Unlimited Gymnasts per category. 1 or 2 Judges with a current cycle Brevet qualification, minimum Category IV</p> <p>30th May Age Group 2 & Senior, IM / IW – Qualifications (dependant on the number of entries in each age group and category) - Finals will be on Sunday 31st May.</p> <p>(Any age group / category with insufficient entries for a qualification round will compete in finals only on Sunday 31st May.)</p> <p>31st May - Age Group 1, Age Group 2 & Senior, IM / IW, MP, TR & GR - Finals</p> <p>The Final Program will be confirmed after the Nominative Entry Date.</p> | | | | | | | | | |
| PROVISIONAL SCHEDULE | <p>Friday, 29th May 2020 All Day Arrival of the delegations Podium training Time -TBC</p> <p>Saturday, 30th May 2020 Qualifications: AG2, Senior Podium training Time - TBC</p> <p>Sunday, 31st May 2020 Finals: AG1, AG2 & Senior IM / IW, Mixed Pairs, Trios, & Groups.</p> <p>Monday, 1st June 2020 All Day Departure of the delegations.</p> | | | | | | | | | |

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| EVENT MANAGER | Gary Jarvis gary@heathrowaerobicsgymnastics.co.uk |
| MEDICAL SERVICES | LOC will ensure the coordination of all medical matters. |
| VISA | <p>Please verify immediately with your travel agent or the British Embassy or Consulate in your country if a visa is required for your travel to The United Kingdom. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 10th March 2020 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Members as well as the address/city that the visa application support letter must be sent to.</p> |
| INSURANCE | <p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> |
| INTERNATIONAL TRANSPORTATION | <p>The invited Participating Federations/Clubs must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by 1st May 2020</p> |
| LOCAL TRANSPORTATION | <p>Transport can be arranged for you from Gatwick, Stansted, Luton, Heathrow Airports at extra cost. Please let us know as soon as possible if you require transport; by 1st May 2020.</p> <p>Further information:</p> <p>Bracknell is close to Bracknell (Railway Station) with good road and rail links to all London airports.</p> <p>The Hilton Hotel and the Grange Bracknell Hotel (The Official Hotels) are within walking distance from the competition Venue.</p> |
| ACCOMMODATION | <p>Option 1 - Hilton Hotel Bracknell, (5 minutes walking distance) Bagshot Road, Bracknell, RG12 0QJ Phone:0044-1344 424801</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members.</p> <p>A discount of 18% off of their Best Available Rate for the Heathrow Open. This special discount will be available until the allocated amount of rooms have been sold, whichever comes first.</p> <p>To book your stay, simply click on "Book Now" below and complete your reservation at your special group rate.</p> <p>Book Now</p> <p><u>Please note - rooms need to be booked ASAP</u> - rooms will be allocated on a "first come, first served" basis.</p> <p>You can book rooms at the special rate through a link provided by Hilton Hotels on the LOC website; http://eventsathilton.com/show/5e1dce4d0c1bfe3208703fac</p> <p>The Hilton Hotel is within walking distance of the venue and was used by all teams last year.</p> <p>Option 2 - Grange Bracknell Hotel, (20 minutes walking distance) The Ring,</p> |

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| | <p>Bracknell, RG12 1ED Phone: 0044-1344 474 000 The invited participating federations must pay for the accommodation expenses of their delegation members.</p> <p>Prices are for 28th 29st 30th 31st May 2020 <u>Single or Double</u> room for £70.00 per room per night (inclusive of breakfast and VAT). <u>Triple room</u> for £80.00 per room per night (inclusive of breakfast and VAT). <u>Quad room</u> for the rate of £90.00 per room per night (inclusive of breakfast and VAT). <u>Suites</u> that have a lounge and a small kitchen. These can take up to 2 adults and 3 children. The rate for a suite is £125.00 per night (inclusive of breakfast and VAT). Please note there is no Supplement for a Monday Tuesday order Wednesday when booking Suites rooms.</p> <p>You can book rooms at the special rate; Guests can call or email quoting 290520H to get one of the rooms on hold.</p> <p>e-mail: bracknell.reservations@grangehotels.com</p> <p>Anyone that wants to stay on the Monday add an additional £10.00 per night and for the Tuesday and/or Wednesday an additional £20.00 per night, inclusive of VAT. For anyone who is booking a suite for up to 5 people the rate of £125.00 per night will apply for every night.</p> | | | | | | | | | | | | |
| MEALS | <p>The invited Participating Federations/Clubs must pay for the meals expenses of their delegation members. Meals need to be organised by the Participating Federations/Clubs and can be purchased from the competition venue and the official hotels.</p> | | | | | | | | | | | | |
| CANCELTION POLICY | There are no refunds for Cancellations once you have entered this event | | | | | | | | | | | | |
| BANK ACCOUNT INFORMATION | <p>Entry Fees can be made online through the LOC Website with a credit/debit card at the nominative stage.</p> <p>Alternatively</p> <p>Please make your bank transfers to:</p> <p>Nat West Bank Ltd. International Bank Account Number (IBAN) : GB63NWBK51812286165046 Bank Identification Code (BIC) : NWBKGB2L</p> <p>NatWest Bank, 5 High Street, Bracknell, Berkshire, RG12 1DH, United Kingdom.</p> <p>The Participating Federation/Club is responsible for COVERING and PAYING ALL BANK CHARGES and FEES incurred in connection with Bank Transfers.</p> | | | | | | | | | | | | |
| MARKETING | FIG advertising and publicity norms must be respected | | | | | | | | | | | | |
| MEDIA | For media enquires please contact Gary Jarvis. gary@heathrowaerobicsgymnastics.co.uk | | | | | | | | | | | | |
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| | Meals Form | ASAP via LOC website |
| | Payment of the Entry Fee A charge will be applied for late payment of entry fees of £10.00 per routine which will need to be paid to the organising Committee | 1 st April 2020 |
| ADDITIONAL INFORMATION | Running Order and Entry Lists: Entry Lists, Start List, Running Order etc. will be published on our Website www.heathrowaerobicsgymnastics.co.uk in due course. | |

Sincerely Yours,



Gary Jarvis