


DIRECTIVES

Event ID: 17356

Dear affiliated Member Federation,
The Lithuanian Gymnastics Federation have the pleasure to invite your Federation/Club to participate in the International Aerobic Gymnastics Competition "Lithuanian Open Championship 2023", to be held in Kaunas, Lithuania.

DISCIPLINE	Aerobic Gymnastics
HOST FEDERATION	Lithuanian Gymnastics Federation Contact person: Algimantas Prunskas Zemaites Str. 6, LT-03117 Vilnius, Lithuania Phone/fax: +370 52163808 Mobile: +370 69637663 E-mail: info@gimnastika.lt Web: www.gimnastika.lt
ORGANIZING COMMITTEE	Lithuanian Aerobics Federation Contact person: Laura Kimantiene Sporto str. 6, LT-44221 Kaunas, Lithuania E-mail: sportineaerobika@gmail.com Web: www.lietuvosaerobikosfederacija.org
LOCAL ORGANIZING COMMITTEE	Contact persons: Irina Kliziene Mobile: +370 682 39370 E-mail: irinakliziene@gmail.com Roma Aleksandraviciene E-mail: romanellagrande@gmail.com Mobile: +370 686 36488
LOCATION	Kaunas, Lithuania
DATES	12-14 th May 2023
VENUE	Kaunas Sports Hall Perkuno al. 5, Zaliakalnis, Kaunas, Lithuania https://citify.eu/en/kauno-sporto-hale/ 
EQUIPMENT	Please refer to the attached apparatus list
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Technical Regulations

	<ul style="list-style-type: none"> • Code of Discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • Licence rules (except for non competitive events) • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • FIG Medical Guidelines for FIG Competitions and Events • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules and subsequent decisions of the FIG Executive Committee 																					
PARTICIPATION AND AGE LIMITS	<p>AER: Juniors / 15-17 years, Senior/ 18 + years Juniors & Seniors – all gymnasts in good standing with the correct age and holding a valid FIG license until the end of the event, may participate. The LOC will be responsible for checking the validity of all gymnasts' licences An International event (not FIG approved) will also be held for AG: 12-14, ND: 9-11 NG: 6-8. For more information please contact the LOC.</p>																					
JUDGES AND JURIES	<p>All judges must have a current valid category for the respective discipline (aerobic gymnastics). Every participating federation/club must register at least one judge with a valid FIG Brevet for the current cycle. Failure to do so may result in a fine of 300 Euro to be paid to the Local Organizing Committee in order that the LOC invites neutral judge/s. The fine for missing a judge should be paid to the LOC no later than 12th of March 2023. The number of Judge's panels will be decided depending on the number of participating competitors and judges. The Juries will be set by a draw from the judges present at the event. The priority will be given to the judges of the highest category.</p>																					
REGISTRATION DEADLINES	<p>Provisional, Definitive and Nominative Registrations must be to the OC and to the LOC within the deadlines mentioned below.</p> <table border="1"> <tr> <td>Provisional registration</td> <td>12th February 2023</td> <td>3 months prior to the event</td> </tr> <tr> <td>Definitive registration</td> <td>12th March 2023</td> <td>2 months prior to the event</td> </tr> <tr> <td>Nominative registration</td> <td>12th April 2023</td> <td>1 month prior to the event</td> </tr> </table>	Provisional registration	12 th February 2023	3 months prior to the event	Definitive registration	12 th March 2023	2 months prior to the event	Nominative registration	12 th April 2023	1 month prior to the event												
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ENTRY FEES	<p>Entry fees are the same for Seniors and Juniors; AG and ND but are different for those accommodated via the LOC and those accommodated by themselves.</p> <table border="1"> <thead> <tr> <th>Category</th> <th>Entry Fee – accommodated via LOC</th> <th>Entry fee – not accommodated via LOC</th> </tr> </thead> <tbody> <tr> <td>Individual Women</td> <td>25</td> <td>50</td> </tr> <tr> <td>Individual Man</td> <td>25</td> <td>50</td> </tr> <tr> <td>Mixed Pairs</td> <td>30</td> <td>60</td> </tr> <tr> <td>Trios</td> <td>50</td> <td>90</td> </tr> <tr> <td>Groups</td> <td>65</td> <td>130</td> </tr> <tr> <td>Aero Dance</td> <td>80</td> <td>160</td> </tr> </tbody> </table> <p>All the entry fees are not refundable</p>	Category	Entry Fee – accommodated via LOC	Entry fee – not accommodated via LOC	Individual Women	25	50	Individual Man	25	50	Mixed Pairs	30	60	Trios	50	90	Groups	65	130	Aero Dance	80	160
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ACCREDITATION	<p>The accreditation of delegations will take place at Kaunas sports hall upon arrival, (Perkuno al. 5, Zaliakalnis, Kaunas, Lithuania). The accreditations will only be handed out to the Head of Delegation. All delegations must deliver: - passports or ID cards of all members of the delegation</p>																					

	<ul style="list-style-type: none"> - insurance declaration of all members of the delegation - national flag <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>
COMPETITION FORMAT	<p>Qualifications and finals will be carried out in each of the 6 categories: IM, IW, MP, TR, GR, AD (ND, AG, Juniors and Seniors), no AD category for NG. The participation in the finals is limited to 2 units per country in each category. 7 best foreign units (max. 2 per nation) + 3 Lithuanian units (maximum). Aero Dance (National Development, Age Group, Juniors and Seniors): only the finals.</p>
PROVISIONAL SCHEDULE	<p>Thursday, 11th May 2023 - Arrival, Accreditation</p> <p>Friday, 12th May 2023 - Podium training, Accreditation, Orientation meeting</p> <p>Saturday, 13th May 2023 - Podium training- Judges meeting - Official Opening & Presentation of the nations (8 counts) - Qualifications</p> <p>Sunday, 14th May 2023 - Podium training - Judges meeting - Presentation of the nations - Finals</p> <p>Monday, 15th May 2023 - Departure all delegation</p>
MEDICAL SERVICES	<p>The Local Organizing Committee will be provided first aid medical service during training and the competition. Medical support is also available at the city Hospital.</p>
COVID 19	<p>The FIG Medical Guidelines for FIG Competitions and Events are still effective and they should be used according to the situation with COVID-19 pandemic in your country.</p> <p>Considering the current situation as it is written in the guideline, it is the health situation in your country that prevails.</p> <p>"These guidelines can be adapted according to the health situation related to the COVID-19 pandemic in the host country and the city." Additional information concerning the safety and the requirements for entering the host country will be given in the Workplan, during accreditation as well as the Orientation meeting.</p>
VISA	<p>The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 12th February 2023 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, home address, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not be responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members (see exception herein below).</p> <p>The Travel Schedule Form must be returned to the LOC by nominative registration 12th April 2023.</p>
LOCAL TRANSPORTATION	<p>The organizers will provide transportation from Kaunas/Vilnius Airport and the Kaunas/Vilnius railway/bus stations to the hotels and the competition venue.</p>

	<p>The costs are per person.</p> <p>Transportation from Kaunas Airport to the competition venue or hotel and back – 50 € (fifty Euros).</p> <p>Transportation from Vilnius Airport to the competition venue or hotel and back – 70 € (seventy Euros).</p> <p>The LOC only ensure the Local Transportation between the hotels and the hall of the competition to the participants who booked the accommodation by the LOC.</p> <p>The invited participating Federations/Clubs must pay for the transportation expenses of their delegation members until 12th April 2023.</p>														
ACCOMMODATION	<p>Due to the pandemic and for health safety issues, it is mandatory for all delegations to book their accommodation through the LOC.</p> <p>The participating Federations/Clubs must cover the accommodation fees for all participants.</p> <p>Hotel City Kaunas *** (Kaunas city hotel 5 km from the competition venue)</p> <p>single room – 55 Eur per person/night (with breakfast), double room – 40 Eur per person/night (with breakfast), triple room – 35 Eur per person/night (with breakfast). quadruple room – 30 Eur per person/night (with breakfast).</p> <p>Radisson Hotel Kaunas **** (Radisson city hotel 4 km from the competition venue)</p> <p>single room – 90 Eur per person/night (with breakfast), double room – 55 Eur per person/night (with breakfast),</p> <p>All bookings must be made through the Local Organizing Committee! While the Accommodation Form must be returned to the LOC by definitive registration 12th March 2023, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members.</p> <p>The costs for the accommodations must be paid to the LOC as follows: 50% of the payment – 12th March 2023 50% of the payment – 12th April 2023 (the remaining accommodation costs)</p>														
MEALS	<p>During the competition, a lunch and a dinner are available near by Kaunas Sports Hall (competition venue).</p>														
BANK ACCOUNT INFORMATION	<p>Payments of the entry fee, accommodation, meals, and local transportation (if requested) must be paid not later than 12th April 2023 to:</p> <p>Beneficiary: Lithuanian Gymnastics Federation Address: Zemaites str. 6, 03117 Vilnius, Lithuania Bank: Swedbank AB Bank address: Konstitucijos pr. 20A 03502 Vilnius, Lithuania SWIFT: HABALT22 IBAN: LT617300010002449954</p> <p>The participating federation is responsible for covering all bank fees in connection with bank transfers. The entry fee is calculated based on the number of units in Definitive registration. In case of cancelation after the Definitive entry deadline there is no reimbursement.</p>														
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	Payment of the Accommodation Costs (50%)	12 th March 2023
	Payment of the remaining (50%) Accommodation Costs	12 th April 2023
ADDITIONAL INFORMATION	<p>The Draw for the starting order for Qualifications and Finals will be done in advance by the Technical Committee of Lithuanian Gymnastics Federation based on the Definitive entries and will be distributed to all Nations.</p> <p>Detailed information for the program, schedules and organization of the event will be given to all participating federation with the Work Plan. Work Plan which will be distributed to all registered federations not later than 1st May 2023.</p> <p>Delegations have to prove the age of the gymnasts (FIG licence, national licence, passport, personal ID, insurance, etc.), if requested by LOC.</p> <p>An International event for AG (12-14), ND (9-11) and NG (6-8) for the categories IW/ IM/ MP/ TR/ GR / AD as well (no AD for NG), will also be held (not FIG sanctioned).</p> <p>Conditions, deadlines and prices are the same as for the Seniors and Juniors.</p> <p>For ND, AG Competition only: - In categories with less than 12 units only the final will be organized. No finals for NG.</p> <p>Judges: For NG, ND, Competition national judges with highest national category may be also accepted. The LOC may require the proof of the national judging brevet or ask respective NF for confirmation the national category.</p>	

Sincerely Yours,

Vilnius, 11.01.2023



Signature of the
Secretary General of the FIG affiliated NF
Mr PRUNSKAS Algimantas