



**Pharaoh's cup
Cairo, Egypt
15-18 June 2023
Aerobic gymnastics**





DIRECTIVES

Event ID:

Dear FIG affiliated Member Federation,

The Gymnastics Federation of **Egypt** has the pleasure to invite your Federation and clubs to participate in the aforementioned official FIG International Event Pharaoh's cup.

DISCIPLINE	Aerobic Gymnastics
HOST FEDERATION	Egyptian Gymnastics Federation (EGF) El Estad El Bahary St. Olympic Feds Buildings, Nasr City, Cairo, Egypt Tel: 002-02240250002 002-0224025027 e-mail: egypt@egyptgymnastics.com Website: www.egyptgymnastics.com
LOCAL ORGANIZING COMMITTEE	Contact Person : Abdallah MAHMOUD Address: Cairo international stadium Alestad Nasr city , Cairo-Egypt Tel: +201277710716 e-mail: pharaohscup@gmail.com egypt@egyptgymnastics.com
LOCATION	Cairo, Egypt
DATE	15-18 June 2023
VENUE	Cairo International stadium, AlEstad , Nasr city , Cairo Government +20111155413 / +20222607863 www.cairostadium.com
	 
APPARATUS SUPPLIER	Please refer to the attached apparatus list.
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • Licence rules (except for non-competitive events) • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • FIG Medical Guidelines for FIG Competitions and Events

	<ul style="list-style-type: none"> • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <i>and subsequent decisions of the FIG Executive Committee</i>
FEDERATIONS INVITED	The Organizing Member Federation will invite all Member Federations according to the following: All affiliated federation with good standing and clubs
AGE LIMITS	<p>AER: Senior: 18+ Years old (born in 2005 or before). Junior: 15-17 Years old (born 2008, 2007, 2006). AG 1: 12-14 Years old (born 2011, 2010, 2009).</p> <p>All gymnasts must have a valid FIG licence until the end of the event. For AG 9-11, please contact the LOC</p>
JUDGES AND JURIES	<p>All judges must have a current valid FIG brevet at the time of the event, for the respective discipline. Each federation or Club must bring min. 1 judge per discipline.</p>
ENTRY FEES	<p>The Entry fees for the different categories in each Age Group are as follows:</p> <p>Category Entry Fees:</p> <ul style="list-style-type: none"> • Individual Women 30 Euro • Individual Men 30 Euro • Mixed Pairs 40 Euro • Trio 50 Euro • Group 60 Euro <p><u>For delegation did not booked their accommodation through the LOC and national clubs.</u></p> <p>Category Entry Fees:</p> <ul style="list-style-type: none"> • Individual Women 120 Euro • Individual Men 120 Euro • Mixed Pairs 240 Euro • Trio 350 Euro • Group 560 Euro
ACCREDITATION	<p>Each federation will be taken to the accreditation desk upon arrival. In order to accelerate the accreditation procedure, please send to the Local organizing committee by email: egypt@egyptgymnastics.com & pharaohscup@gmail.com a photo of each delegation member together with the Nominative registration. The specification of the photo should be as follows:</p> <p>Files format: JPG, JPEG File name: NOC/Club_Surname_Firstname</p> <p>Note: the LOC will be checking the validity of the gymnast's licences.</p> <p>During the accreditation the Head of Delegation must present the following:</p> <ul style="list-style-type: none"> • All passports /FIG license/Medical insurance of the registered gymnasts. • Competitor's Music 2 CD Copy or USB. • Proof for full payment of the costs due to the LOC. • Transport – Departure. • License of the gymnast. • Accreditation must be worn by all coaches and officials at all the times as it identifies where access is permitted at the venue.
EVENT FORMAT	<p>Qualifications and Finals in all categories. Categories: IW, IM, MP, TR, GR. <u>Qualifications:</u></p>

	<p>Participation is not limited by Club or Country / Category / Age group.</p> <p>Finals: Participation is limited to 2 Units per country in each category.</p> <p>Note: In case that there are less than 9 participants for any Category → Award will be from qualifications results for this category</p>																
PROVISIONAL SCHEDULE	<table border="1"> <thead> <tr> <th>Date</th> <th>Activity</th> </tr> </thead> <tbody> <tr> <td>Tuesday 13/06/2023</td> <td>Arrival of delegation</td> </tr> <tr> <td>Wednesday 14/06/2023</td> <td>Orientation meeting Judges' instruction Podium training</td> </tr> <tr> <td>Thursday 15/06/2023</td> <td>Competition day 1</td> </tr> <tr> <td>Friday 16/06/2023</td> <td>Competition day 2</td> </tr> <tr> <td>Saturday 17/06/2023</td> <td>Competition day 3</td> </tr> <tr> <td>Sunday 18/06/2023</td> <td>Competition day 4</td> </tr> <tr> <td>Monday 19/06/2023</td> <td>Departure of delegations</td> </tr> </tbody> </table>	Date	Activity	Tuesday 13/06/2023	Arrival of delegation	Wednesday 14/06/2023	Orientation meeting Judges' instruction Podium training	Thursday 15/06/2023	Competition day 1	Friday 16/06/2023	Competition day 2	Saturday 17/06/2023	Competition day 3	Sunday 18/06/2023	Competition day 4	Monday 19/06/2023	Departure of delegations
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EVENT MANAGER	<p>Yasser Zayed +201063376883 yasotheone@gmail.com</p>																
MEDICAL SERVICES	<p>A medical service will be available throughout the period of the competition During this event.</p>																
COVID 19	<p>The FIG Medical Guidelines for FIG Competitions and Events are still effective and they should be used according to the situation with COVID-19 pandemic in your country.</p> <p>Considering the current situation as it is written in the guideline, it is the health situation in your country that prevails.</p> <p>"These guidelines can be adapted according to the health situation related to the COVID-19 pandemic in the host country and the city."</p> <p>A medical Guide specific for the event will be distributed just before the event regarding to standard changes by health authorities in Egypt at the time of the event.</p>																
VISA	<p>Please verify immediately with your travel agent or the Egyptian Embassy or Consulate in your country if a visa is required for your travel to Egypt. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 16 April 2023 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>																
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The</p>																

	LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay The LOC will subsequently offer insurance at the Federations own charge as follows: 100 EUR per person/day.														
INTERNATIONAL TRANSPORTATION	The invited participating federations must pay for the travel costs of their delegation members The Travel Schedule Form must be returned to the LOC by 16 May 2023.														
LOCAL TRANSPORTATION	The Organising committee will provide transportation from Cairo international Airport to Hotel for the delegation booked their accommodation through the LOC.														
ACCOMMODATION	**** Hotel Accommodation fees: Single room: 120 Euros. <u>per person per night full board</u> Double room: 90 Euros <u>per person per night full board</u> <i><u>The accommodation will be arranged free of charge by the LOC for 3 persons per delegation and must include 1 judge.</u></i>														
CANCELATION POLICY	After 16 May 2023 100% of total amount due														
BANK ACCOUNT INFORMATION	Bank account Holder's : EGYPTIAN GYMNASTICS FEDERATION EL-ESTAD EL- BAHARY ST., OLYMPIC FED BUILDING , NASR CITY NATIONAL BANK OF EGYPT <ul style="list-style-type: none"> • Bank Name: NATIONAL BANK OF EGYPT • Bank Address: MAIN BRANCH 24 SHERIF ST. DOWNTOWN CAIRO • BIC/Swift Code : NBEGEGCX001 • Account Number : 0013060698236700012 • IBAN :- 0013060698236700012 The participating federation is responsible for covering all bank fees in Connection with the bank transfers.														
MARKETING	FIG advertising and publicity norms must be respected														
SOCIAL MEDIA	Egyptian gymnastics federation official page														
DEADLINES SUMMARY	<table border="1"> <tr> <td>Definitive Registration</td> <td>16 April 2023</td> </tr> <tr> <td>Nominative Registration</td> <td>16 May 2023</td> </tr> <tr> <td>Accommodation Form</td> <td>16 May 2023</td> </tr> <tr> <td>Travel Schedule Form</td> <td>16 May 2023</td> </tr> <tr> <td>Visa Request Form</td> <td>16 April 2023</td> </tr> <tr> <td>Payment of the Entry Fee</td> <td>16 May 2023</td> </tr> <tr> <td>Payment of the Accommodation Costs</td> <td>16 May 2023</td> </tr> </table>	Definitive Registration	16 April 2023	Nominative Registration	16 May 2023	Accommodation Form	16 May 2023	Travel Schedule Form	16 May 2023	Visa Request Form	16 April 2023	Payment of the Entry Fee	16 May 2023	Payment of the Accommodation Costs	16 May 2023
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Sincerely Yours,



Signature of the President or
Secretary General of the FIG affiliated NF

Ehab ESAWY
EGF PRESIDENT

Cairo, January 2023