


International Aerobic Gymnastics Competition "Lithuanian Open CHAMPIONSHIP 2025" 16-18th May 2025

DIRECTIVES

Event ID: 18088

Dear affiliated Member Federation,
The Lithuanian Gymnastics Federation has the pleasure of inviting your Federation/Club to participate in the 6th International Aerobic Gymnastics Competition, "Lithuanian Open Championship 2025," to be held in Kaunas, Lithuania.

DISCIPLINE	Aerobic Gymnastics
HOST FEDERATION	Lithuanian Gymnastics Federation Contact person: Algimantas Prunskas Zemaites Str. 6, LT-03117 Vilnius, Lithuania Phone/fax: +370 52163808 Mobile: +370 69637663 E-mail: info@gimnastika.lt Web: www.gimnastika.lt
ORGANIZING COMMITTEE	Lithuanian Aerobics Federation Contact person: Laura Kimantiene Sporto str. 6, LT-44221 Kaunas, Lithuania E-mail: sportineaerobika@gmail.com Web: www.lietuvosaerobikosfederacija.org
LOCAL ORGANIZING COMMITTEE	Contact persons: Irina Kliziene Mobile: +370 682 39370 E-mail: irinakliziene@gmail.com Giedre Kliveckiene E-mail: giedre.marc@gmail.com Mobile: +370 639 78800
LOCATION	Kaunas, Lithuania
DATES	16-18 th May 2025
VENUE	Kaunas Sports Hall Perkuno al. 5, Zaliakalnis, Kaunas, Lithuania https://citify.eu/en/kauno-sporto-hale/ 
EQUIPMENT	Please refer to the attached apparatus list
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct

	<ul style="list-style-type: none"> • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • License rules (except for non competitive events) • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • FIG Medical Guidelines for FIG Competitions and Events • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p>and subsequent decisions of the FIG Executive Committee</p>																								
PARTICIPATION AND AGE LIMITS	<p>AER: Juniors as per FIG technical regulations Senior as per FIG technical regulations Juniors & Seniors – all gymnasts in good standing with the correct age and holding a valid FIG license until the end of the event, may participate. The LOC will be responsible for checking the validity of all gymnasts' licenses An international event will also be held for AG: 12-14, ND: 9-11 NG: 6-8. For more information please contact the LOC.</p>																								
JUDGES AND JURIES	<p>All judges must have a valid category for the respective discipline (aerobic gymnastics). Every participating federation/club must register at least one judge with a valid FIG Brevet for the current cycle. Failure to do so may result in a 300-euro fine to be paid to the Local Organizing Committee so that the LOC can invite neutral judge/s. The fine for missing a judge should be paid to the LOC no later than 16 March 2025. The number of Judge's panels will be decided depending on the number of participating competitors and judges. The Judges will be selected by a draw from the judges present at the event. Priority will be given to the judges of the highest category.</p>																								
REGISTRATION DEADLINES	<p>Definitive and Nominative Registrations must be submitted via online registration platform https://registration.lietuosaerobikosfederacija.org/ within the deadlines mentioned below.</p> <table border="1"> <tr> <td>Definitive registration</td> <td>16th March 2025</td> <td>2 months prior to the event</td> </tr> <tr> <td>Nominative registration</td> <td>16th April 2025</td> <td>1 month prior to the event</td> </tr> </table>	Definitive registration	16 th March 2025	2 months prior to the event	Nominative registration	16 th April 2025	1 month prior to the event																		
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MUSIC	<p>All participant's music must be submitted via online registration form https://registration.lietuosaerobikosfederacija.org/ no later than 16th April 2025</p>																								
ENTRY FEES	<p>Entry fees (per unit) are the same for Seniors and Juniors; AG and ND but are different for those accommodated via the LOC and those accommodated by themselves.</p> <table border="1"> <thead> <tr> <th>Category</th> <th>Entry Fee – accommodated via LOC</th> <th>Entry fee – not accommodated via LOC</th> </tr> </thead> <tbody> <tr> <td>Individual Women</td> <td>30 Euro</td> <td>60 Euro</td> </tr> <tr> <td>Individual Man</td> <td>30 Euro</td> <td>60 Euro</td> </tr> <tr> <td>Mixed Pairs</td> <td>40 Euro</td> <td>80 Euro</td> </tr> <tr> <td>Trios</td> <td>60 Euro</td> <td>120 Euro</td> </tr> <tr> <td>Groups</td> <td>75 Euro</td> <td>150 Euro</td> </tr> <tr> <td>Aero Dance</td> <td>100 Euro</td> <td>200 Euro</td> </tr> <tr> <td colspan="3">All the entry fees are not refundable</td> </tr> </tbody> </table>	Category	Entry Fee – accommodated via LOC	Entry fee – not accommodated via LOC	Individual Women	30 Euro	60 Euro	Individual Man	30 Euro	60 Euro	Mixed Pairs	40 Euro	80 Euro	Trios	60 Euro	120 Euro	Groups	75 Euro	150 Euro	Aero Dance	100 Euro	200 Euro	All the entry fees are not refundable		
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ACCREDITATION	<p>Delegations will be accredited at the Kaunas sports hall upon arrival (Perkuno al. 5, Zaliakalnis, Kaunas, Lithuania). At accreditation all delegations should provide: - passports or ID cards of all members of the delegation;</p>																								

	<ul style="list-style-type: none"> - insurance declaration of all members of the delegation; - outstanding payments. <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>
COMPETITION FORMAT	<p>Qualifications: There will be an unlimited number of entries for the qualifying rounds per category per country or club.</p> <p>The competition will be held in IW, IM, MP, TR, GR, and AD categories.</p> <p>In categories with less than 12 starters (routines), only the final will be organized.</p> <p>Finals: The best 10 routines from the qualifying round will qualify for finals. Only 2 routines with the highest score in qualification from one country are going to compete in the finals. Three routines from Lithuania with the best score in each category after qualifications will go to finals if not qualified among 7 best.</p> <p>In case there will not be sufficient entries from different countries to fill 10 spaces in finals, routines with the best scores will qualify.</p>
PROVISIONAL SCHEDULE	<p>Thursday, 15th May 2025</p> <ul style="list-style-type: none"> - Arrival all delegations <p>Friday, 16th May 2025</p> <ul style="list-style-type: none"> - Accreditation, Orientation meeting, Judges meeting, Podium training, Qualifications <p>Saturday, 17th May 2025</p> <ul style="list-style-type: none"> - Podium training- Judges meeting - Official Opening & Presentation of the nations (8 counts) – Qualifications, Finals (depending on the number of entries) <p>Sunday, 18th May 2025</p> <ul style="list-style-type: none"> - Podium training - Judges meeting - Finals <p>Monday, 19th May 2025</p> <ul style="list-style-type: none"> - Departure all delegation
MEDICAL SERVICES	<p>The Local Organizing Committee will be provided first aid medical service during training and the competition. Medical support is also available at the city Hospital.</p>
VISA	<p>The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 16th February 2025 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, home address, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the Organizing Committee, and the FIG are not responsible for any liabilities arising from accidents, illness (including COVID-19), repatriation, or similar circumstances.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to ensure that all the members of their delegation have valid insurance coverage against illness, accidents, and repatriation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p>
INTERNATIONAL TRANSPORTATION	<p>The Travel Schedule Form must be returned to the LOC by nominative registration 16th April 2025.</p>
LOCAL TRANSPORTATION	<p>On request organizers will provide shuttles from Kaunas/Vilnius Airport and the Vilnius railway/bus stations to the hotels–The cost per person is:</p> <ul style="list-style-type: none"> From Kaunas Airport/Railway/Bus station to hotels/competition venue and back – 60€ (sixty Euros). From Vilnius Airport/Railway/Bus station to hotels/competition venue and back – 80€ (eighty Euros). <p>For delegations that did not book shuttles from Kaunas or Vilnius</p>

	<p>Airports/Railway/Bus stations the transportation from hotels to the venue and back will be arranged on Kaunas public transportation.</p> <p>The LOC will provide all delegations who booked their accommodation with the LOC free local transportation passes together with the routes and other information about the public transportation system upon arrival.</p> <p>The invited participating Federations/Clubs must pay for the transportation expenses of their delegation members until 16th April 2025.</p>	
ACCOMMODATION	<p>The participating Federations/Clubs must cover the accommodation fees for all participants.</p> <p>Hotel City Kaunas *** (Kaunas City hotel 3 km from the competition venue) single room – 60 Eur per person/night (with breakfast), double room – 45 Eur per person/night (with breakfast), triple room – 40 Eur per person/night (with breakfast). quadruple room - 35 Eur per person/night (with breakfast).</p> <p>Hotel Babilonas *** (Babilonas Hotel 4 km from the competition venue) single room – 60 Eur per person/night (with breakfast), double room – 45 Eur per person/night (with breakfast), quadruple room – 35 Eur per person/night (with breakfast).</p> <p>Radisson Hotel Kaunas **** (Radisson City Hotel 4 km from the competition venue) single room – 90 Eur per person/night (with breakfast), double room – 60 Eur per person/night (with breakfast),</p> <p>All bookings must be made through the Local Organizing Committee! While the Accommodation Form must be returned to the LOC by definitive registration 16th March 2025, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members. The costs for the accommodations must be paid to the LOC as follows: 50% of the payment – 16th March 2025 50% of the payment – 16th April 2025 (the remaining accommodation costs)</p>	
MEALS	<p>The delegations will be able to purchase lunch (15 euros) and/or dinner (15 euros) at the competition venue.</p> <p>Alternatively, delegations can have their meals in cafes and restaurants about 20 minutes' walking distance from the competition venue.</p>	
BANK ACCOUNT INFORMATION	<p>Payments of the entry fee, accommodation, meals, and local transportation (if requested) must be paid not later than 16th April 2025 to:</p> <p>Beneficiary: Lithuanian Gymnastics Federation Address: Zemaites str. 6, 03117 Vilnius, Lithuania Bank: Swedbank AB Bank address: Konstitucijos pr. 20A 03502 Vilnius, Lithuania SWIFT: HABALT22 IBAN: LT617300010002449954</p> <p>The participating federation is responsible for covering all bank fees in connection with bank transfers. The entry fee is calculated based on the number of units in Definitive registration. In case of cancellation after the Definitive entry deadline there is no reimbursement.</p>	
REGISTRATION DEADLINES		
	Definitive registration	16 th March 2025 Must be filled Online https://registration.lietuvoaerobikosfederacija.org/
	Nominative Registration	16 th April 2025 Must be filled Online https://registration.lietuvoaerobikosfederacija.org/
	Music	16 th April 2025 Must be filled Online https://registration.lietuvoaerobikosfederacija.org/
	Accommodation Form	16 th March 2025
	Travel Schedule Form	16 th April 2025
	Visa Request Form	16 th February 2025
	Payment of the Entry Fee (100%)	16 th April 2025

	Payment of the meals (100%)	16 th April 2025
	Payment of the Accommodation Costs (50%)	16 th March 2025
	Payment of the remaining (50%) Accommodation Costs	16 th April 2025
	Payment for the shuttle from Airports/Railway/Bus stations (100%)	16 th April 2025
ADDITIONAL INFORMATION	<p>The Draw for the starting order for Qualifications and Finals will be done in advance by the Technical Committee of Lithuanian Gymnastics Federation based on the Definitive entries and will be distributed to all Nations. Detailed information for the program, schedules and organization of the event will be given to all participating federations with the Work Plan. Work Plan which will be distributed to all registered federations not later than 1st May 2025.</p> <p>Delegations have to prove the age of the gymnasts (FIG license, national license, passport, personal ID, insurance, etc.), if requested by the LOC.</p> <p>An International event for AG (12-14), ND (9-11) and NG (6-8) for the categories IW/ IM/ MP/ TR/ GR / AD as well (no AD for NG), will also be held (not FIG sanctioned).</p> <p>Conditions, deadlines and prices are the same as for the Seniors and Juniors. For NG, ND, AG.</p> <p>Judges: For NG, ND, and Competition, national judges with the highest national category may also be accepted. The LOC may require proof of the national judging brevet or ask the respective NF for confirmation of the national category.</p>	

Sincerely Yours,

Vilnius,
20 December 2024



Algimantas Prunskas

Secretary General of the LGF