



**16<sup>th</sup> PLOVDIV CUP AEROBICS OPEN**  
**Plovdiv, (BUL)**  
**10<sup>th</sup> – 12<sup>th</sup> of October 2025**



**DIRECTIVES**

**Event ID: 18162**

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Bulgaria together with Aerobic Union Bulgaria and Sports Club “Aerobics-AMD” has the pleasure to invite your Federation to participate in the **16<sup>th</sup> Plovdiv Cup Aerobics Open 2025** - an official FIG International Event.

<b>DISCIPLINE</b>	<b>Aerobic Gymnastics</b>
<b>HOST FEDERATION</b>	<b>Bulgarian Gymnastics Federation</b> 75, Vasil Levski Bld. Sofia – 1040, Bulgaria Tel.: +359 2 9300663 e-mail: <a href="mailto:bulgym@abv.bg">bulgym@abv.bg</a>
<b>ORGANIZING COMMITTEE</b>	<b>Aerobic Union Bulgaria</b> Contact person: Dimitrina Kandeveva Tel.: +359 887 607 909 e-mail: <a href="mailto:aerobicub@gmail.com">aerobicub@gmail.com</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	<b>Sports club “Aerobics – AMD”</b> Contact persons: Valentina Angelova 117, 6 <sup>th</sup> Septemvri Blvd. Plovdiv - 4002, Bulgaria Tel.:+359 887 410 590 e-mail: <a href="mailto:aerobic-amd@abv.bg">aerobic-amd@abv.bg</a> web site: <a href="http://www.plovdivcup.com">http://www.plovdivcup.com</a>
<b>LOCATION</b>	<b>Plovdiv, BULGARIA</b>
<b>DATE</b>	From <b>10<sup>th</sup> to 12<sup>th</sup> of October 2025</b>
<b>VENUE</b>	<b>INTERNATIONAL FAIR PLOVDIV – Pavilion 6</b> <b>37, Tzar Boris III – Obedinitel BLVD</b> <b>4003, Plovdiv, BULGARIA</b> The Plovdiv International Fair is a famous place, major international intellectual, business and investment center. It is one of the largest exhibition venues in Southeast Europe. The exhibition complex consists of 17 multifunctional pavilions. More info for the Plovdiv International Fair @: <a href="https://fair.bg/en">https://fair.bg/en</a>
<b>APPARATUS SUPPLIER</b>	<b>Please refer to the attached apparatus list</b>
<b>RULES AND REGULATIONS</b>	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> <li>• Statutes</li> <li>• Code of Ethics</li> <li>• Code of Conduct</li> <li>• Technical Regulations</li> <li>• Code of Discipline</li> <li>• Code of Points and relevant Newsletters</li> <li>• General Judges’ Rules</li> <li>• Specific Judges’ Rules</li> </ul>

	<ul style="list-style-type: none"> <li>• Anti-Doping Rules</li> <li>• License rules</li> <li>• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li> <li>• Medical Organization of FIG Competitions and Events</li> <li>• Media Guidelines</li> <li>• Apparatus Norms</li> <li>• Rules for Sanctioning (approval) of International Events</li> <li>• Rules for Advertising and Publicity</li> <li>• Rules for Awards Ceremonies</li> <li>• Accreditation Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>																					
<b>FEDERATIONS INVITED</b>	The Organizing Member Federation invites all FIG member Federations in good standing.																					
<b>AGE LIMITS</b>	<p><b>Seniors</b>, as per FIG technical regulations  <b>Junior</b>, as per FIG technical regulations  <b>All gymnasts must have a valid FIG license until the end of the event!</b></p> <p>An International event will also be held for Youths and National Development. For more information see the Additional information at the end of this Directives as well as please contact the LOC.</p>																					
<b>JUDGES AND JURIES</b>	<p><b>All judges must have a current valid category for the respective discipline (aerobic gymnastics).</b></p> <p>Every Nation should register at least one judge with a valid FIG Brevet for the current cycle. <b>Failure to do so may result in a fine of 700 Euro to be paid to the Local Organizing Committee in order that the LOC invites neutral judge/s. The fine for missing a judge should be paid to the LOC no later than 3<sup>rd</sup> of September 2025.</b></p> <p>The number of Judge's panels will be decided depending on the number of participating competitors and judges.</p> <p>The Juries will be set by a draw from the judges present at the event. The priority will be given to the judges of the highest category.</p>																					
<b>REGISTRATION DEADLINES</b>	<p>The Definitive and Nominative Registration Forms should be sent by the respective Federation to the OC and to the LOC within the deadlines mentioned below. All forms must bear the official seal and signature of the respective Federation and are accepted only if accompanied by the necessary payments.</p> <table border="1"> <tr> <td><b>Definitive registration:</b></td> <td><b>6<sup>th</sup> of August 2025</b></td> <td><b>2 months prior the event</b></td> </tr> <tr> <td><b>Nominative registration:</b></td> <td><b>3<sup>rd</sup> of September 2025</b></td> <td><b>1 month prior the event</b></td> </tr> </table>	<b>Definitive registration:</b>	<b>6<sup>th</sup> of August 2025</b>	<b>2 months prior the event</b>	<b>Nominative registration:</b>	<b>3<sup>rd</sup> of September 2025</b>	<b>1 month prior the event</b>															
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<b>ENTRY FEES</b>	<p>Entry fees are the same for Seniors and Juniors but are different for those accommodated via the LOC and those accommodated by themselves.</p> <table border="1"> <thead> <tr> <th><b>Category</b></th> <th><b>Entry Fee – accommodated Via the LOC</b></th> <th><b>Entry fee – not accommodated via the LOC</b></th> </tr> </thead> <tbody> <tr> <td>Individual Women</td> <td>30 Euro</td> <td>100 Euro</td> </tr> <tr> <td>Individual Men</td> <td>30 Euro</td> <td>100 Euro</td> </tr> <tr> <td>Mixed Pairs</td> <td>45 Euro</td> <td>180 Euro</td> </tr> <tr> <td>Trios</td> <td>55 Euro</td> <td>240 Euro</td> </tr> <tr> <td>Groups</td> <td>65 Euro</td> <td>350 Euro</td> </tr> <tr> <td>Aero Dance</td> <td>80 Euro</td> <td>480 Euro</td> </tr> </tbody> </table> <p>100% of the Entry fee must be paid to the LOC not later than <b>6<sup>th</sup> of August 2025</b>. <b><u>The entry fee is calculated based on the number of units in the Definitive registration. In case of cancelations after the Definitive entry deadline there is no reimbursement.</u></b></p>	<b>Category</b>	<b>Entry Fee – accommodated Via the LOC</b>	<b>Entry fee – not accommodated via the LOC</b>	Individual Women	30 Euro	100 Euro	Individual Men	30 Euro	100 Euro	Mixed Pairs	45 Euro	180 Euro	Trios	55 Euro	240 Euro	Groups	65 Euro	350 Euro	Aero Dance	80 Euro	480 Euro
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<b>ACCREDITATION</b>	Detailed information about the accreditation procedure will be given with the Work Plan which will be distributed to all participating Federations not later than <b>29<sup>th</sup> of September 2025</b> .																					

	In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.																																	
<b>SIZE OF DELEGATION</b>	<p>The number of units per category and nation in Seniors and Junior for the Qualifications is limited as follows, except for the Organizing Federation. There is no limitation on the number of units for the Qualifications for the Organizing Federation.</p> <p>The maximum number of <b>units</b> and officials is as follows:</p> <table border="1"> <thead> <tr> <th>Officials</th> <th>Junior</th> <th>Senior</th> </tr> </thead> <tbody> <tr> <td>Individual Women</td> <td>6</td> <td>6</td> </tr> <tr> <td>Individual Men</td> <td>6</td> <td>6</td> </tr> <tr> <td>Mixed Pairs</td> <td>6</td> <td>6</td> </tr> <tr> <td>Trios</td> <td>6</td> <td>6</td> </tr> <tr> <td>Groups</td> <td>6</td> <td>6</td> </tr> <tr> <td>Aerobic Dance</td> <td>6</td> <td>6</td> </tr> <tr> <td>Head of Delegation</td> <td colspan="2">1</td> </tr> <tr> <td>Coaches</td> <td>2</td> <td>2</td> </tr> <tr> <td>Judges</td> <td colspan="2">Minimum 1</td> </tr> <tr> <td>Doctor and Therapists</td> <td colspan="2">1</td> </tr> </tbody> </table> <p>Every federation <b>must send at least 1 judge with a valid FIG Brevet.</b></p>	Officials	Junior	Senior	Individual Women	6	6	Individual Men	6	6	Mixed Pairs	6	6	Trios	6	6	Groups	6	6	Aerobic Dance	6	6	Head of Delegation	1		Coaches	2	2	Judges	Minimum 1		Doctor and Therapists	1	
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<b>EVENT FORMAT</b>	<p>The competition consists of Qualifications and Finals in Seniors and Juniors in all 6 categories. In case that there are less than 9 participants per category in the Qualifications, no Qualification is necessary. In such cases the LOC will make a decision based on the total number of entries.</p> <p><b>QUALIFICATIONS</b></p> <p>The participation in Qualifications is limited to <b>the units mentioned in the paragraph "Size of delegation"</b> except for the Organizing Federation. There is no limitation to the number of units for the Organizing Federation.</p> <p><b>FINALS</b></p> <p>The top 8 (eight) competitors from the Qualifications in Seniors and Juniors in each category (IW, IM, MP, TR, GR, AD) will take part in the Finals (maximum two per Category and Nation). In addition, if the organizing Federation has not qualified competitors in any category in Seniors and in any category in Juniors, it may nominate one participation in max.1 category in each - Senior and Junior of its choice.</p>																																	
<b>PROVISIONAL SCHEDULE</b>	<p><b>8<sup>th</sup> of October 2025 (Wednesday)</b> - Arrival, accreditation</p> <p><b>9<sup>th</sup> of October 2025 (Thursday)</b> – Trainings, Orientation meeting, Judges meeting and instructions</p> <p><b>10<sup>th</sup> of October 2025 (Friday)</b> – Qualifications</p> <p><b>11<sup>th</sup> of October 2025 (Saturday)</b> – Qualifications</p> <p><b>12<sup>th</sup> of October 2025 (Sunday)</b> – Finals</p> <p><b>13<sup>th</sup> of October 2025 (Monday)</b> – Departure</p> <p><b><i>There might be some changes in the Provisional Schedule depending on the total number of entries.</i></b></p> <p>The Detailed Program will be prepared and distributed to all participating Federations with the Work Plan not later than 29<sup>th</sup> of September 2025.</p>																																	
<b>EVENT MANAGER</b>	<p><b>Mrs.Valentina Angelova</b>  Sports Club "Aerobics – AMD"  117, 6<sup>th</sup> Septemvri Blvd.  Plovdiv – 4002, Bulgaria  Tel.: +359 887 410 590  e-mail: <a href="mailto:aerobic-amd@abv.bg">aerobic-amd@abv.bg</a></p>																																	
<b>MEDICAL SERVICES</b>	During all days – trainings and competition official medical persons who will be in the training and competition halls will be provided by the LOC.																																	
<b>VISA</b>	Please verify immediately with your travel agent or the <b>Bulgarian</b> Embassy or Consulate in your country if a visa is required for your travel to <b>Bulgaria</b> . The																																	

	<p>LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>6<sup>th</sup> of August 2025</b> to the e-mail of the OC – <a href="mailto:aerobicub@gmail.com">aerobicub@gmail.com</a></p> <p>The request must be made using the official form and include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city where the visa application support letter must be sent to.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a> for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.</p> <p>The LOC will subsequently offer insurance at the Federations own charge <b>if requested in advance</b>. Based on the request the LOC will provide information about the cost.</p>
<b>SAFEGUARDING</b>	<p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.</p> <p>The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the "10 Golden Rules of Gymnastics", the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating Federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the OC @ <a href="mailto:aerobicub@gmail.com">aerobicub@gmail.com</a> and to the LOC @ <a href="mailto:aerobic-amd@abv.bg">aerobic-amd@abv.bg</a> by <b>3<sup>rd</sup> of September 2025</b>. If persons from one delegation/Federation are arriving and departing with different flights, please fill in separate travel forms for each group of persons and indicate on the travel form the exact number of persons.</p>
<b>LOCAL TRANSPORTATION</b>	<p><b>Arrival and departure – Sofia or Plovdiv:</b> The LOC may provide transportation to all delegation members, <b>who have booked their accommodation through the LOC</b>, from and to Sofia or Plovdiv airport, railway station or central bus station to the official hotel in Plovdiv and back on the official arrival (<b>8<sup>th</sup> of October 2025</b>) and departure days (<b>13<sup>th</sup> of October 2025</b>). Information on the cost will be sent additionally, as soon as possible, before the Definitive entry deadline. This transportation should be requested with the official Travel form sent to the OC and LOC and should be paid to the LOC <b>not later than 3<sup>rd</sup> of September 2025</b>. The transportation costs cannot be reimbursed.</p> <p>For those delegations or member of delegations that do not arrive or depart on the official day, upon request, the LOC may arrange additional transportation. The cost for it depends on the number of people, the date and time. Please, send your request to the OC and LOC as soon as possible but not later than <b>3<sup>rd</sup> of September 2025</b> in order to be able to arrange transportation and inform you about the price.</p>

Pay attention that the price for the local transportation from Sofia to Plovdiv may differ if there are few people arriving during the night.

## ACCOMMODATION

### **Hotel “Sankt Petersburg” \*\*\*\***

4003 Plovdiv, Bulgaria  
97, Bulgaria Blvd.  
Tel.: +359 32 91 03  
web page: <http://www.sphotel.ne>

The costs **per person/ per night including breakfast** are as follows:

75 Euro (single room)  
55 Euro (double room)  
53 Euro (triple room)

The “Sankt Petersburg” Hotel is 4 stars. It is situated 2 km distance from the competition venue /15 min walking/. There will be a free shuttle between Hotel “Sankt Petersburg” and Competition Venue.

### **Hotel “Holiday Inn”\*\*\*\***

4003 Plovdiv, Bulgaria  
109, Vassil Levski str.  
Tel.: (+359) 878 433 278; (+359) 32 20 33 33  
web page: <https://hiplovdivhotel.com/>

The costs **per person/ per night including breakfast** are as follows:

75 Euro (single room)  
55 Euro (double room)

The “Holiday Inn” Hotel is 4 stars. It is situated at about 2 km distance from the competition venue /15 min walking/. There will be a free shuttle between Hotel “Holiday Inn” and Competition Venue.

### **Hotel “BLVD 7”\*\*\*\***

4000 Plovdiv, Bulgaria  
7, Bulgaria Blvd.  
Tel.: (+359) 877 211 155; (+359) 32 964 441  
web page: <https://boulevard7.com/bg>

The costs **per person/ per night including breakfast** are as follows:

64 Euro (single premium room)  
56 Euro (single standard room)  
42 Euro (double room)  
36 Euro (triple/ quadruple room)

The “BLVD 7” Hotel is 3 stars. It is situated at about 300 meters distance from the competition venue /5 min walking/. There will be **no** shuttle from BLVD 7 Hotel to the Venue.

The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Provisional Accommodation Form must be returned to the OC and LOC by **6<sup>th</sup> of August 2025** at the very latest, the Hotel rooms will be allocated on a **“first come, first serve” basis**

**The invited participating Federations must pay for the accommodation expenses of their delegation members.**

The costs for the accommodations must be paid to the LOC as follows:

50% of the total Accommodation costs should be paid not later than **6<sup>th</sup> of August 2025** and accompanied by the official **Provisional Accommodation Form**.

	<p><b>Payment of the first 50% of the Accommodation should be made after information from the LOC for the availability on the requested number and type of rooms!</b></p> <p>The remaining 50% of the total Accommodation costs should be paid not later than <b>3<sup>rd</sup> of September 2025</b> and accompanied by the official <b>Detailed Accommodation Form sent to the OC and LOC.</b></p> <p>Reservations will only be confirmed if the necessary payments are made!</p> <p>Cancellations or modifications of the rooms/ number of people are accepted by <b>20<sup>th</sup> of August 2025</b>. The LOC will reimburse 80% of the amount for the cancelled rooms/ persons based on the 50% payment. <b>After 20<sup>th</sup> of August 2025</b> no money for any cancellations can be reimbursed.</p>														
<b>MEALS</b>	<p>There is a possibility to order lunch and dinner only for those accommodated via the LOC. The price is 23 euro per meal. All meals are served in the Hotel. For those who would like to reserve meals, please use the official meals form. The Meals form should be sent to the OC and LOC not later than <b>3<sup>rd</sup> of September 2025</b>.</p> <p>100% payment of the Meals must be paid to the LOC not later than <b>3<sup>rd</sup> of September 2025</b> and cannot be reimbursed.</p>														
<b>FINAL BANQUET</b>	<p>The LOC will organize a Final banquet on <b>12<sup>th</sup> of October 2025</b> – Sunday. It will take place in the evening, after the Finals. The price is 40 Euro per person. The Farewell party tickets should be requested with the Meals form and paid to the LOC not later than <b>3<sup>rd</sup> of September 2025</b>.</p>														
<b>BANK ACCOUNT INFORMATION</b>	<p>Payments of the entry fee, accommodation, meals and local transportation – if requested must be made by the respective deadlines by bank transfer to <b>VK Maks OOD</b>:</p> <table border="1" data-bbox="456 1048 1431 1406"> <tr> <td><b>Beneficiary:</b></td> <td><b>VK MAKS OOD</b></td> </tr> <tr> <td><b>Beneficiary address:</b></td> <td>34, Brezovska Str.; floor 3, office 6; Plovdiv 4003</td> </tr> <tr> <td><b>Bank name:</b></td> <td>D BANK</td> </tr> <tr> <td><b>Bank address:</b></td> <td>3, Dunav Str.; Plovdiv 4000</td> </tr> <tr> <td><b>Branch</b></td> <td>Office Royal city</td> </tr> <tr> <td><b>IBAN:</b></td> <td>BG57 DEMI 9240 1000 1970 87</td> </tr> <tr> <td><b>BIC:</b></td> <td>DEMIBGSF</td> </tr> </table> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: <b>Plovdiv Cup 2025</b> and clearly include the name of the Federation or Sports Club. <b>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</b></p>	<b>Beneficiary:</b>	<b>VK MAKS OOD</b>	<b>Beneficiary address:</b>	34, Brezovska Str.; floor 3, office 6; Plovdiv 4003	<b>Bank name:</b>	D BANK	<b>Bank address:</b>	3, Dunav Str.; Plovdiv 4000	<b>Branch</b>	Office Royal city	<b>IBAN:</b>	BG57 DEMI 9240 1000 1970 87	<b>BIC:</b>	DEMIBGSF
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<b>MARKETING</b>	FIG advertising and publicity norms must be respected														
<b>SOCIAL MEDIA</b>	Facebook page: <a href="https://www.facebook.com/plovdivcup">https://www.facebook.com/plovdivcup</a>														

**DEADLINES  
SUMMARY**

The forms should be sent to the OC and LOC within the respective deadlines @:  
**The OC – Aerobic Union Bulgaria – [aerobicub@gmail.com](mailto:aerobicub@gmail.com)**  
**The LOC – SC "Aerobics-AMD"- [aerobic-amd@abv.bg](mailto:aerobic-amd@abv.bg)**

The payments should be done by transfers to the bank account of the LOC provided above within the respective deadlines.

<b>FORMS:</b>	<b>Deadline:</b>
Definitive Registration	<b>6<sup>th</sup> of August 2025</b>
Nominative Registration	<b>3<sup>rd</sup> of September 2025</b>
Provisional Accommodation Form	<b>6<sup>th</sup> of August 2025</b>
Detailed Accommodation Form	<b>3<sup>rd</sup> of September 2025</b>
Travel Schedule Form	<b>3<sup>rd</sup> of September 2025</b>
Visa Request Form	<b>6<sup>th</sup> of August 2025</b>
Meals Form	<b>3<sup>rd</sup> of September 2025</b>
<b>PAYMENTS:</b>	<b>Deadline:</b>
Payment of the Entry Fee	<b>6<sup>th</sup> of August 2025</b>
Payment of the Accommodation Costs – 50%	<b>6<sup>th</sup> of August 2025</b>
Payment of the Accommodation Costs – 50%	<b>3<sup>rd</sup> of September 2025</b>
Payment of the local transportation	<b>3<sup>rd</sup> of September 2025</b>
Payment of the Meals	<b>3<sup>rd</sup> of September 2025</b>
Payment of the fine for missing a judge	<b>3<sup>rd</sup> of September 2025</b>

**ADDITIONAL  
INFORMATION**

An International event for:  
 - Youths – for the categories IW/ IM/ MP/ TR/ GR/ AD and  
 - ND for the categories IW/ IM/ MP/ TR/ GR will also be held (not sanctioned).  
 For those age groups an exception in the age is possible only for TR, GR and AD categories as follows:

- TR category – max one of the gymnasts could be from a lower age group –  
 In Youths 12-14 (born 2014 - 2016) and in ND 9-11 (born 2017 - 2018)
- GR category – max two of the gymnasts could be from a lower age group –  
 In Youths 12-14 (born 2014 - 2016) and in ND 9-11 (born 2017 - 2018)
- AD category – max three of the gymnasts could be from a lower age group  
 – In Youths 12-14 (born 2014 - 2016)

Conditions, number of units, deadlines and prices are the same as for the Seniors and Juniors. No FIG license is requested.

The Draw for the starting order for Qualifications and Finals will be done in advance by the Technical Committee of Aerobic Union Bulgaria based on the Definitive entries and will be distributed to all Nations.

More information will be given with the Work Plan which will be distributed to all registered federations not later than 29<sup>th</sup> of September 2025.

If you have any questions, please do not hesitate to contact us.

Looking forward to Welcome you to the **16<sup>th</sup> Plovdiv Cup Aerobics Open 2025**.

Sincerely Yours,

Sofia, March 17<sup>th</sup> 2025



Mr DUNEV Krassimir  
 President of the BFG