

**1st German Open 2026
Riesa, GERMANY
20th-22nd of march 2026**



DIRECTIVES

Event ID: 18475

**Update 14.01.2026
Additional information**

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Germany has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

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|-----------------------------------|--|
| DISCIPLINE | Aerobic Gymnastics |
| HOST FEDERATION | German Gymnastics Federation Contact person: Francesca Hölzl Otto-Fleck-Schneise 8, 60528 Frankfurt/Main +49 (69) 67801-0 francesca.hoelzl@dtb.de https://www.dtb.de |
| LOCAL ORGANIZING COMMITTEE | ESV Lokomotive Riesa e.V. Contact person: Sebastian Fleck Sportlerweg 1a, 01587 Riesa +49 162 2593332 aer.wettkampf@dtb.de |
| LOCATION | Riesa, Saxony, Germany |
| DATE | From 20th to 22nd of march 2026 |
| VENUE | WT Energiesysteme Arena Am Sportzentrum 5, 01589 Riesa https://wt-arena.de The event location also hosted the 2000 Aerobic Gymnastics World Championships and several German Championships.  |
| APPARATUS SUPPLIER | Please refer to the attached apparatus list |
| RULES AND REGULATIONS | The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • License rules |

| | <ul style="list-style-type: none"> • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • Medical Organization of FIG Competitions and Events • Media Guidelines • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Rules for Advertising and Publicity • Rules for Awards Ceremonies • Accreditation Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p> | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------|---|---|---|---|---------------------------------|--|------------------------------------|--------------------------------|---|-----------------------------------|-------------|---------|---------|-------|---------|----------|--------|---------|----------|------------|---------|----------|
| FEDERATIONS INVITED | The Organizing Member Federation invites all FIG Member Federations in good standing. | | | | | | | | | | | | | | | | | | | | | |
| AGE LIMITS | <p>Seniors, as per FIG technical regulations Junior, as per FIG technical regulations All gymnasts must have a valid FIG license until the end of the event!</p> <p>An International event will also be held for Youths (YOU), National Development (ND) and New Generation (NG) as well as . For more information see Additional information at the end of this Directives or contact the LOC.</p> | | | | | | | | | | | | | | | | | | | | | |
| JUDGES AND JURIES | <p>All judges must have a current valid FIG brevet for aerobic gymnastics. Every Nation should register at least one judge with a valid FIG Brevet for the current cycle.</p> <p>Failure to do so may result in a fine of 700 Euro to be paid to the Local Organizing Committee in order that the LOC invites neutral judge/s. The fine for missing a judge should be paid to the LOC no later than 15th of February 2026.</p> <p>The number of Judge's panels will be decided depending on the number of participating competitors and judges. The Juries will be set by a draw from the judges present at the event. The priority will be given to the judges of the highest category.</p> | | | | | | | | | | | | | | | | | | | | | |
| REGISTRATION DEADLINES | <p>The Provisional, Definitive and Nominative Registration Forms should be sent by the respective Federation to the OC and to the LOC within the deadlines mentioned below. Registration procedure via https://aerobic-open.de/provisional</p> <table border="1"> <tr> <td>Provisional registration</td> <td>21st of December 2025</td> <td>3 months prior to the event</td> </tr> <tr> <td>Definitive registration:</td> <td>18th of January 2026</td> <td>2 months prior to the event</td> </tr> <tr> <td>Nominative registration</td> <td>15th of February 2026</td> <td>1 month prior to the event</td> </tr> </table> | Provisional registration | 21st of December 2025 | 3 months prior to the event | Definitive registration: | 18th of January 2026 | 2 months prior to the event | Nominative registration | 15th of February 2026 | 1 month prior to the event | | | | | | | | | | | | |
| Provisional registration | 21st of December 2025 | 3 months prior to the event | | | | | | | | | | | | | | | | | | | | |
| Definitive registration: | 18th of January 2026 | 2 months prior to the event | | | | | | | | | | | | | | | | | | | | |
| Nominative registration | 15th of February 2026 | 1 month prior to the event | | | | | | | | | | | | | | | | | | | | |
| ENTRY FEES | <p>Entry fees are the same for Seniors and Juniors but are different for those accommodated via the LOC and those accommodated by themselves.</p> <table border="1"> <thead> <tr> <th>Category</th> <th>Entry Fee – accommodated via the LOC</th> <th>Entry Fee – not accommodated via the LOC</th> </tr> </thead> <tbody> <tr> <td>Individual Women</td> <td>30 Euro</td> <td>60 Euro</td> </tr> <tr> <td>Individual Men</td> <td>30 Euro</td> <td>60 Euro</td> </tr> <tr> <td>Mixed Pairs</td> <td>45 Euro</td> <td>90 Euro</td> </tr> <tr> <td>Trios</td> <td>55 Euro</td> <td>110 Euro</td> </tr> <tr> <td>Groups</td> <td>65 Euro</td> <td>130 Euro</td> </tr> <tr> <td>Aero Dance</td> <td>80 Euro</td> <td>160 Euro</td> </tr> </tbody> </table> <p>100% of the Entry fee must be paid to the LOC not later than 18th of January 2026. <u>The entry fee is calculated based on the number of units in the Definitive registration. In case of cancelations after the Definitive entry deadline there is no reimbursement.</u></p> | Category | Entry Fee – accommodated via the LOC | Entry Fee – not accommodated via the LOC | Individual Women | 30 Euro | 60 Euro | Individual Men | 30 Euro | 60 Euro | Mixed Pairs | 45 Euro | 90 Euro | Trios | 55 Euro | 110 Euro | Groups | 65 Euro | 130 Euro | Aero Dance | 80 Euro | 160 Euro |
| Category | Entry Fee – accommodated via the LOC | Entry Fee – not accommodated via the LOC | | | | | | | | | | | | | | | | | | | | |
| Individual Women | 30 Euro | 60 Euro | | | | | | | | | | | | | | | | | | | | |
| Individual Men | 30 Euro | 60 Euro | | | | | | | | | | | | | | | | | | | | |
| Mixed Pairs | 45 Euro | 90 Euro | | | | | | | | | | | | | | | | | | | | |
| Trios | 55 Euro | 110 Euro | | | | | | | | | | | | | | | | | | | | |
| Groups | 65 Euro | 130 Euro | | | | | | | | | | | | | | | | | | | | |
| Aero Dance | 80 Euro | 160 Euro | | | | | | | | | | | | | | | | | | | | |
| ACCREDITATION | <p>Detailed information about the accreditation procedure will be given with the Work Plan which will be distributed to all participating Federations not later than 9th of March 2026.</p> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p> | | | | | | | | | | | | | | | | | | | | | |

| SIZE OF DELEGATION | <p>The number of units per category and nation in Seniors and Junior for the Qualifications is limited as follows, except for the Organizing Federation. The maximum number of units and officials is as follows:</p> <table border="1" data-bbox="454 136 1468 521"> <thead> <tr> <th>Officials</th> <th>Junior</th> <th>Senior</th> </tr> </thead> <tbody> <tr> <td>Individual Women</td> <td>6</td> <td>6</td> </tr> <tr> <td>Individual Men</td> <td>6</td> <td>6</td> </tr> <tr> <td>Mixed Pairs</td> <td>6</td> <td>6</td> </tr> <tr> <td>Trios</td> <td>6</td> <td>6</td> </tr> <tr> <td>Groups</td> <td>6</td> <td>6</td> </tr> <tr> <td>Aerobic Dance</td> <td>6</td> <td>6</td> </tr> <tr> <td>Head of Delegation</td> <td>1</td> <td></td> </tr> <tr> <td>Coaches</td> <td>2</td> <td>2</td> </tr> <tr> <td>Judges</td> <td colspan="2">Minimum 1</td> </tr> <tr> <td>Doctor and Therapist</td> <td colspan="2">1</td> </tr> </tbody> </table> <p>Every federation must send at least 1 judge with a valid FIG Brevet.</p> | Officials | Junior | Senior | Individual Women | 6 | 6 | Individual Men | 6 | 6 | Mixed Pairs | 6 | 6 | Trios | 6 | 6 | Groups | 6 | 6 | Aerobic Dance | 6 | 6 | Head of Delegation | 1 | | Coaches | 2 | 2 | Judges | Minimum 1 | | Doctor and Therapist | 1 | |
|-----------------------------|--|-----------|--------|--------|------------------|---|---|----------------|---|---|-------------|---|---|-------|---|---|--------|---|---|---------------|---|---|--------------------|---|--|---------|---|---|--------|-----------|--|----------------------|---|--|
| Officials | Junior | Senior | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Individual Women | 6 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Individual Men | 6 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Mixed Pairs | 6 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trios | 6 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Groups | 6 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Aerobic Dance | 6 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Head of Delegation | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Coaches | 2 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Judges | Minimum 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Doctor and Therapist | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| EVENT FORMAT | <p>The competition consists of Qualifications and Finals in Seniors and Juniors in all 6 categories. In case that there are less than 9 participants per category in the Qualifications, no Qualification will be made. In such cases the LOC will decide based on the total number of entries.</p> <p><u>QUALIFICATIONS</u></p> <p>The participation in Qualifications is limited to the units mentioned in the paragraph “Size of delegation” except for the Organizing Federation. There is no limitation to the number of units for the Organizing Federation.</p> <p><u>FINALS</u></p> <p>The top 8 (eight) competitors from the Qualifications in Seniors and Juniors in each category (IW, IM, MP, TR, GR, AD) will take part in the Finals (maximum two per Category and Nation). In addition, if the organizing Federation has not qualified in a category in Seniors or Juniors, it may nominate one unit in each respective category.</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| PROVISIONAL SCHEDULE | <p>18th of March 2026 (Wednesday) - Arrival, accreditation 19th of March 2026 (Thursday) - Trainings, Orientation meeting, Judges meeting and instructions 20th of March 2026 (Friday) - Qualifications 21st of March 2026 (Saturday) - Qualifications 22nd of March 2026 (Sunday) - Finals 23rd of March 2026 (Monday) - Departure</p> <p>There might be some changes in the Provisional Schedule depending on the total number of entries.</p> <p>The Detailed Program will be prepared and distributed to all participating Federations with the Work Plan not later than 9th of March 2026.</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| EVENT MANAGER | <p>Mr. Sebastian Fleck ESV Lokomotive Riesa e.V. Sportlerweg 1a, 01587 Riesa Tel.: +49 162 2593332 e-mail:aer.wettkampf@dtb.de</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| MEDICAL SERVICES | <p>During all days – trainings and competition official medical persons who will be in the training and competition halls will be provided by the LOC.</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| VISA | <p>Please verify immediately with your travel agent or the German embassy or consulate in your country if a visa is required for your travel to Germany. The LOC will be happy to assist each delegation member with an official invitation letter, provided that the request is made before 18th of January to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the delegation member as well as the full address the visa application support letter must be sent to.</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

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| INSURANCE | <p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay</p> |
| SAFEGUARDING | <p>From the official day of arrival until the official day of departure, all participants — including gymnasts, coaches, judges, and other Delegation Members — will have the possibility to contact the LOC Safeguarding Officer by phone or email in case of:</p> <ul style="list-style-type: none"> • Harassment • Abuse of any kind • Any situation where they feel uncomfortable or unsafe <p>The contact information for the LOC Safeguarding Officer will be provided to all Delegations upon arrival on site.</p> <p>As part of the FIG's commitment to athlete welfare and youth protection, posters of the "10 Golden Rules of Gymnastics", part of the FIG's awareness campaign, must be clearly displayed in several key areas, including:</p> <ul style="list-style-type: none"> • Training Halls • Warm-Up Areas • Public Zones <p>These measures are in place to ensure a safe, respectful, and supportive environment for all participants throughout the event.</p> |
| INTERNATIONAL TRANSPORTATION | <p>The invited participating Federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by mail to aer.wettkampf@dtb.de by 15th of February 2026. If persons from one delegation/Federation are arriving and departing with different flights, please fill in separate travel forms for each group of persons and indicate on the travel form the exact number of persons</p> |
| LOCAL TRANSPORTATION | <p>The LOC only ensures the Local Transportation is included in accommodation hotels prices and the hall of the competition to the participants who booked the accommodation by the LOC.</p> |
| ACCOMMODATION | <p>The LOC will arrange at a determined fee, accommodation and meals from the 18th to the 23rd of March as follows:</p> <p>MERCURE Hotel Riesa (1,9 km to the venue) Bahnhofstraße 40, 01587 Riesa 49 (0) 3525-7090 E-Mail: H2126@ACCOR.com Website: www.mercure.com</p> <p>The costs per person/night are as follows:</p> <ul style="list-style-type: none"> - 80 EUR (single room, including breakfast) - 60 EUR (double room, including breakfast) - 50 EUR (triple room, including breakfast) <p>Hotel Wettiner Hof (950 m to the venue)</p> |

Hohe Straße 4, 01589 Riesa
 49 (0) 3525-7180
 E-Mail: info@wettiner-hof.de
 Website: www.wettiner-hof.de

The costs per person/night are as follows:
 - 110 EUR (single room, including breakfast)
 - 75 EUR (double room, including breakfast)
 - 70 EUR (triple room, including breakfast)

Spanischer Hof Gröditz (20 km to the venue)

Hauptstraße 15a, 01609 Gröditz
 E-Mail: info@spanischer-hof.de
 Website: www.spanischer-hof.de

The costs per person/night are as follows:
 - 110 EUR (single room, including breakfast)
 - 70 EUR (double room, including breakfast)
 - 60 EUR (triple room, including breakfast)

Gasthaus Zum Schwan Oschatz (16 km to the venue)

Sporer Straße 2, 04758 Oschatz
 49 (0) 3525-975300
 E-Mail: zentralreservierung@travdo-hotels.de
 Website: <https://travdo-hotels.de/hotels/hotel-gasthaus-zum-schwan/>

The costs per person/night are as follows:
 - 90 EUR (single room, including breakfast)
 - 60 EUR (double room, including breakfast)

The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Provisional Accommodation Form must be returned to the LOC by **18th of January 2026** at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.

The invited participating federations must pay for the accommodation expenses of their delegation members.

The costs for the accommodations must be paid as follows:
 50% of the total Accommodation costs should be paid not later than **18th of January 2026** and accompanied by the official Provisional Accommodation Form.

Payment of the first 50% of the Accommodation should be made after information from the LOC for the availability on the requested number and type of rooms!

The remaining 50% of the total Accommodation costs should be paid not later than **15th of February 2026** and accompanied by the official detailed Accommodation Form sent to the OC and LOC.

Reservations will only be confirmed if the necessary payments are made! Cancellations or modifications of the rooms/ number of people are accepted by **8th of February 2026**. The LOC will reimburse 80% of the amount for the cancelled rooms/ persons based on the 50% payment. After **8th of February 2026** no money for any cancellations can be reimbursed.

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| MEALS | The invited participating federations must pay for the meal’s expenses of their delegation members. There will be different meals, snacks and drinks to buy at the event location. |
| FINAL BANQUET | The LOC will organize a Final banquet on 22th of March 2026 – Sunday. It will take place in the evening, after the Finals. Details will be announced as soon as possible. |
| BANK ACCOUNT INFORMATION | Bank details Account name: Eisenbahnersportverein (ESV, Riesa e.V.) IBAN: DE93 8505 5000 3150 1430 54 |

| | <p>Bank name: Sparkasse Meißen BIC: SOLADES1MEI</p> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: German Open 2026 and clearly include the name of the Federation and the reason for the payment. The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--|---------------|------------------|--------------------------|-----------------------------------|-------------------------|----------------------------------|-------------------------|-----------------------------------|--------------------------------|----------------------------------|-----------------------------|-----------------------------------|----------------------|-----------------------------------|-------------------|----------------------------------|------------|-----------------------------------|------------------|------------------|--------------------------|----------------------------------|--|----------------------------------|--|-----------------------------------|-------------------------------------|-----------------------------------|----------------------|-----------------------------------|------------------------------|-----------------------------------|---------------------------------------|-----------------------------------|
| MARKETING | FIG advertising and publicity norms must be respected | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| MEDIA | The TC Member for media will be present at the event. The local media will report the event. TV broadcast might be present as well. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| SOCIAL MEDIA | <p>https://www.dtb.de/aerobicturnen</p> <p>https://www.instagram.com/aerobicturnen_dtb/</p> <p>https://www.aerobic-open.de</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| DEADLINES SUMMARY | <table border="1"> <thead> <tr> <th>FORMS:</th> <th>Deadline:</th> </tr> </thead> <tbody> <tr> <td>Provisional Registration</td> <td>21st of December 2025</td> </tr> <tr> <td>Definitive Registration</td> <td>18th of January 2026</td> </tr> <tr> <td>Nominative Registration</td> <td>15th of February 2026</td> </tr> <tr> <td>Provisional Accommodation Form</td> <td>18th of January 2026</td> </tr> <tr> <td>Detailed Accommodation Form</td> <td>15th of February 2026</td> </tr> <tr> <td>Travel Schedule Form</td> <td>15th of February 2026</td> </tr> <tr> <td>Visa Request Form</td> <td>18th of January 2026</td> </tr> <tr> <td>Meals Form</td> <td>15th of February 2026</td> </tr> <tr> <th>PAYMENTS:</th> <th>Deadline:</th> </tr> <tr> <td>Payment of the Entry Fee</td> <td>18th of January 2026</td> </tr> <tr> <td>Payment of the Accommodation Costs - 50%</td> <td>18th of January 2026</td> </tr> <tr> <td>Payment of the Accommodation Costs - 50%</td> <td>15th of February 2026</td> </tr> <tr> <td>Payment of the local transportation</td> <td>15th of February 2026</td> </tr> <tr> <td>Payment of the Meals</td> <td>15th of February 2026</td> </tr> <tr> <td>Payment of the Final Banquet</td> <td>15th of February 2026</td> </tr> <tr> <td>Payment of the fine for missing judge</td> <td>15th of February 2026</td> </tr> </tbody> </table> | FORMS: | Deadline: | Provisional Registration | 21 st of December 2025 | Definitive Registration | 18 th of January 2026 | Nominative Registration | 15 th of February 2026 | Provisional Accommodation Form | 18 th of January 2026 | Detailed Accommodation Form | 15 th of February 2026 | Travel Schedule Form | 15 th of February 2026 | Visa Request Form | 18 th of January 2026 | Meals Form | 15 th of February 2026 | PAYMENTS: | Deadline: | Payment of the Entry Fee | 18 th of January 2026 | Payment of the Accommodation Costs - 50% | 18 th of January 2026 | Payment of the Accommodation Costs - 50% | 15 th of February 2026 | Payment of the local transportation | 15 th of February 2026 | Payment of the Meals | 15 th of February 2026 | Payment of the Final Banquet | 15 th of February 2026 | Payment of the fine for missing judge | 15 th of February 2026 |
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| Provisional Registration | 21 st of December 2025 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Nominative Registration | 15 th of February 2026 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Provisional Accommodation Form | 18 th of January 2026 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Detailed Accommodation Form | 15 th of February 2026 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Travel Schedule Form | 15 th of February 2026 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Visa Request Form | 18 th of January 2026 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Meals Form | 15 th of February 2026 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| PAYMENTS: | Deadline: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Payment of the Entry Fee | 18 th of January 2026 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Payment of the Accommodation Costs - 50% | 18 th of January 2026 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Payment of the Accommodation Costs - 50% | 15 th of February 2026 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Payment of the local transportation | 15 th of February 2026 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Payment of the Meals | 15 th of February 2026 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Payment of the Final Banquet | 15 th of February 2026 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Payment of the fine for missing judge | 15 th of February 2026 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ADDITIONAL INFORMATION | <p>An International event (not FIG sanctioned) for:</p> <ul style="list-style-type: none"> - Senior – AD - Junior – AD - Youths – for the categories IW/ IM/ MP/ TR/ GR/ AD and - ND for the categories IW/ IM/ MP/ TR/ GR - NG for the categories IW/IM/MP/TR/GR will also be held. <p>For those age groups an exception in the age is possible only for TR, GR and AD categories as follows:</p> <ul style="list-style-type: none"> - TR category – max one of the gymnasts could be from a lower age group – In Youths 12-14 (born 2015 - 2017) and in ND 9-11 (born 2018 - 2019) - GR category – max two of the gymnasts could be from a lower age group – In Youths 12-14 (born 2015 - 2017) and in ND 9-11 (born 2018 - 2019) - AD category – max three of the gymnasts could be from a lower age group and max one can be from a higher age group <p>In NG and ND same gender Duos are allowed.</p> <p>Conditions, number of units, deadlines and prices are the same as for the Seniors and Juniors. No FIG license is required.</p> <p>The Draw for the starting order for Qualifications and Finals will be done in advance by the Technical Committee of German Gymnastics Federation based on the Definitive entries and will be distributed to all Nations.</p> <p>More information will be given with the Work Plan which will be distributed to all registered federations not later than 9th of March 2026</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

If you have any questions, please do not hesitate to contact us. Looking forward to Welcome you to the 1st German Open 2026.

Sincerely Yours,


Kalle Zinnkann
DTB-Secretary General



Frankfurt, 04.12.2025