

**ROMGYM TROPHY NADIA 10
AEROBIC INTERNATIONAL OPEN
COMPETITION
ORADEA, ROMANIA, 31 JULY -2 AUGUST**

DIRECTIVES

Event ID: 18596

Dear FIG Affiliated Member Federation,
The **Gymnastics Federation of Romania** is pleased to invite your Federation to participate in the **Romgym Trophy Nadia 10, Aerobic International Open Competition**, an official **FIG International Event**, as referenced above.

We look forward to your participation and to welcoming your delegation to this prestigious event.

DISCIPLINE	Aerobic Gymnastics
HOST FEDERATION	Romanian Gymnastics Federation 16 Vasile Conta Street, 020954 Bucharest - Romania Contact person: Ioan Silviu Suciu, President Tel./fax: +40 21 317 1112 e-mail: frgimnastica@frgimnastica.com website: www.frgimnastica.com
LOCATION	Oradea, Romania
DATE	From 31 July to 2 August , 2026
VENUE	Oradea Arena (Multi-Purpose Sports Hall) - street Traian Blajovici, no. 24, Oradea 410209, Romania - +40 259 455 811 - contact@csmoradea.ro - https://csmoradea.ro/oradea-arena/ Competition, Training and Warm-up halls are at the same venue. Venue capacity: 5300 (seats) Vertical clearance above the performance area in the Competition Hall: 16,65m Vertical clearance above the performance area in the Warm-up Hall: 13m Vertical clearance above the performance area in the Training Hall: 13m
APPARATUS SUPPLIER	Please refer to the attached apparatus list 2 competition floors of the same manufacturer and product will be available.
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • License rules • Policy and Procedures for Safeguarding and Protecting Participants in gymnastics • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • Medical Organization of FIG Competitions and Events • Media Guidelines • Apparatus Norms • Rules for Sanctioning (approval) of International Events

	<ul style="list-style-type: none"> • Rules for Advertising and Publicity • Rules for Awards Ceremonies • Accreditation Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>										
FEDERATIONS INVITED	The Organizing Member Federation must invite all FIG Member Federations who have paid their annual membership fee for Aerobic Gymnastics.										
AGE LIMITS	Juniors: as per the FIG Technical Regulations										
JUDGES AND JURIES	<p>The number of Juries (judges' panels) may be decided by the Organizing Member Federation depending on the number of participating competitors and judges.</p> <p>The Juries are set up by a draw - directed by the FIG Technical Delegate - from the judges present at the event. Priority will be given to the judges of the highest category.</p> <p>A jury must consist of one Chair of Judges' Panel, 4 Artistic, 4 Execution and 2 Difficulty judges.</p> <p>A federation may not have a judge on both the execution and artistic panels. The Chair of Judges' Panel and the difficulty judges should also be from different federations. Only in exceptional situations can the Technical Delegate make the decision to deviate from this.</p> <p>For categories and eligibility, please refer to the FIG General Judges Rules, Art 5</p> <p>If, on the day of the competition, there are no sufficient number of judges in the requested categories, the Technical Delegate may take whatever action needed to secure the running of the event.</p> <p>Each participating federation must provide minimum one judge Cat. 1, 2 or 3*. Failure to do so, or if a participating Federation sends a judge with a Cat. 4 (instead of Cat. 1, 2 or 3) will result in a fine of CHF 2'000.- to be paid to the Organizing Member Federation.</p> <p>*Member Federations who have only Cat. 4 judges are allowed to send a Cat. 4 judge who may be used as Time and Line judge only.</p> <p>The Organizing Member Federation is responsible that there are enough FIG brevetted judges present with the appropriate category of brevet for their function. Should there not be sufficient judges, the Organizing Member Federation may propose to the FIG for approval the name of neutral additional judges to complete the panels (plus 1 reserve). These judges, once approved, have to be invited at the cost of the Organizing Member Federation. Such invitation must be made through the respective Member Federation.</p> <p>Should the Organizing Member Federation fail to propose names for additional judges, the FIG will invite such judges at the cost of the Organizing Member Federation.</p>										
REGISTRATION DEADLINES	<p>Definitive and Nominative Registrations must be completed by sending the composition of the delegation to the LOC. Late entries will be considered as invalid and will be refused.</p> <table border="1" data-bbox="453 1727 1458 1800"> <tr> <td>Definitive registration:</td> <td>26th, May 2026</td> <td>(2 months prior to the event)</td> </tr> <tr> <td>Nominative registration</td> <td>1st, July, 2026</td> <td>(4 weeks prior to the event)</td> </tr> </table> <p>Last registrations are subject to fines as follows to be paid to the hosting federation:</p> <table border="1" data-bbox="453 1935 1458 2009"> <tr> <td>Fine for missing or late Definitive registration</td> <td>CHF 750.-</td> </tr> <tr> <td>Fine for missing or late Nominative registration</td> <td>CHF 500.-</td> </tr> </table>	Definitive registration:	26th, May 2026	(2 months prior to the event)	Nominative registration	1st, July, 2026	(4 weeks prior to the event)	Fine for missing or late Definitive registration	CHF 750.-	Fine for missing or late Nominative registration	CHF 500.-
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	Registrations and payments made after the gymnasts' drawing of lots will not be accepted and the Delegation members concerned will not be authorized to participate														
ENTRY FEES	<p>The non-reimbursable Entry Fee is charged per unit for those National Federations whose accommodation is arranged through the Local Organizing Committee (LOC), as follows: IW/IM: 45 EUR - MP: 70 EUR - TRIO: 80 EUR - GROUP: 90 EUR</p> <p>For those National Federations making their own accommodation arrangements (outside the LOC), the non-reimbursable Entry Fee per unit is as follows: IW/IM: 130 EUR - MP: 200 EUR - TRIO: 280 EUR - GROUP: 400 EUR</p>														
ACCREDITATION	<p>The accreditation will take place at the Oradea Arena (Multi-Purpose Sports Hall) upon arrival to Oradea. The accreditations will only be handed out to the Head of Delegation and/or Team Manager.</p> <p>Accreditation will take place upon arrival. Heads of Delegation and/or Team Manager should present the following documents:</p> <ul style="list-style-type: none"> - passports of all members of the delegation - proof of medical insurance - 1 memory sticks with the music (mp3) of their National Anthem - 2 memory sticks with the music (mp3) of all routines with music per each routine - FIG licence <p>Photos of each member of the delegation must be sent to the LOC before June 15, 2026.</p> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>														
EVENT FORMAT	<p>The Aerobic Gymnastics International Open Competition will have Qualifications, and Finals in all categories. Aerobic Gymnastics Categories: IW, IM, MP, TR, GR, AD.</p> <p>Qualifications: Participation is not limited by nation / category in MP, TR, GR and AD. In IW & IM Maximum 5 per country.</p> <p>Finals: The participation in the finals is limited to 2 units per country in each category. There is no limitation to the number of units for the Organizing Federation.</p>														
PROVISIONAL SCHEDULE	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Day 1, Tuesday 28 July:</td> <td>Arrival of Technical Delegate</td> </tr> <tr> <td>Day 2, Wednesday 29 July:</td> <td>Arrival of the Delegations</td> </tr> <tr> <td>Day 3, Thursday 30 July:</td> <td>Training and Podium training Orientation meeting Judges' instruction</td> </tr> <tr> <td>Day 4, Friday 31 July:</td> <td>Qualifications Opening Ceremony</td> </tr> <tr> <td>Day 5, Saturday 1 August:</td> <td>Qualifications</td> </tr> <tr> <td>Day 6, Sunday 2 August:</td> <td>Finals Closing Ceremony</td> </tr> <tr> <td>Day 7, Monday 3 August:</td> <td>Departure of the delegations</td> </tr> </table>	Day 1, Tuesday 28 July:	Arrival of Technical Delegate	Day 2, Wednesday 29 July:	Arrival of the Delegations	Day 3, Thursday 30 July:	Training and Podium training Orientation meeting Judges' instruction	Day 4, Friday 31 July:	Qualifications Opening Ceremony	Day 5, Saturday 1 August:	Qualifications	Day 6, Sunday 2 August:	Finals Closing Ceremony	Day 7, Monday 3 August:	Departure of the delegations
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EVENT MANAGER	<p>Alina Dragan Vice-president of Romanian Gymnastics Federation Mobile: +40752231643 Email address: alina.dragan@frgimnastica.com frgimnastica@frgimnastica.com</p>														
MEDICAL SERVICES	The Local Organizing Committee will provide first aid medical services. A physiotherapist will be present during the competitions as well members of the Romanian Red Cross specialized in first aid. Medical support is also available at 5min. distance.														

VISA	<p>Please verify immediately with your travel agent or the Romanian Embassy or Consulate in your country if a visa is required for your travel to Romania. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before May 26, 2026, to the LOC.</p> <p>To request an invitation letter, please send the following information to the LOC:</p> <p>Full Name, Gender, Date of Birth, Citizenship, Passport Number, Passport Expiry Date, Function/Role within the Delegation, Arrival and Departure Dates, City where the visa application support letter should be sent.</p> <p>Please ensure that all information is complete and accurate to avoid delays in visa processing.</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences.</p> <p>In accordance with the FIG Technical Regulations, all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay.</p> <p>It is mandatory that Delegation Members are covered by basic insurance (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the FIG IMSSA subsidiary insurance.</p> <p>For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to:</p> <p>https://www.gymnastics.sport/site/pages/medical-insurance.php</p> <p>The LOC will verify insurance coverage upon arrival. Each Delegation must present either a cover note or a photocopy of the valid insurance policy. The policy must be valid starting from the day of arrival and must remain valid for the entire duration of the stay.</p> <p>If a Federation cannot provide proof of valid insurance, the LOC will offer insurance coverage at the Federation's own expense, at a cost of: 9 EUROS per person/day.</p>
SAFEGUARDING	<p>From the official day of arrival until the official day of departure, all participants — including gymnasts, coaches, judges, and other Delegation Members — will have the possibility to contact the LOC Safeguarding Officer by phone or email in case of:</p> <ul style="list-style-type: none"> • Harassment • Abuse of any kind • Any situation where they feel uncomfortable or unsafe <p>The contact information for the LOC Safeguarding Officer will be provided to all Delegations upon arrival on site.</p> <p>As part of the FIG's commitment to athlete welfare and youth protection, posters of the "10 Golden Rules of Gymnastics", part of the FIG's awareness campaign, must be clearly displayed in several key areas, including:</p> <ul style="list-style-type: none"> • Training Halls • Warm-Up Areas • Public Zones <p>These measures are in place to ensure a safe, respectful, and supportive environment for all participants throughout the event.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members The Travel Schedule Form must be returned to the LOC by June 15, 2026</p>
LOCAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by May 26, 2026.</p> <p>During the competition, shuttle bus services between the hotel and the venue are free of charge.</p>

Arrival and departure – Oradea:

The LOC may provide transportation to all delegation members, who have booked their accommodation through the LOC, from and to Oradea International Airport (OMR), Oradea railway station to the official hotel in Oradea and back on the official arrival (**July 29 ,2026**) and departure days (**August 3, 2026**) will be free.

This transportation should be requested with the official Travel form sent to the OC and LOC not later than **May 26, 2026**.

For those delegations or member of delegations that do not arrive or depart on the official day, upon request, the LOC may arrange additional transportation. The cost for it depends on the number of people, the date and time. Please, send your request to the OC and LOC as soon as possible but not later than **May 26, 2026** in order to be able to arrange transportation and inform you about the price.

ACCOMMODATION

DoubleTree by Hilton Oradea:



- Address: Aleea Ștrandului 9, 410051 Oradea, România
- phone number +40 259 259 259
- e-mail
- web site: <https://www.hilton.com/en/hotels/omrtdi-doubletree-oradea/>

The costs per person/night in this first Hotel are as follows:

- 150 Euro/night in single room, including breakfast)
- 95 Euro/ night/person in double room, including breakfast)

The **DoubleTree by Hilton Oradea** is located at approximately 2.5–3.5 km distance from the Competition venue (about 6–8 minutes driving).

Hotel Continental Forum Oradea



- Aleea Ștrandului nr. 1, 410051 Oradea, Bihor, România
- Phone number: +40 372 598 800
- Fax number: +40 372 598 801
- E-mail: oradea@continentalhotels.ro
- Website: <https://continental-forum-oradea.continentalhotels.ro/>

The costs per person/night in this low cost Hotel are as follows:

- 130 Euro/ night in single room, including breakfast)
- 80 Euro/ night/ person in double room, including breakfast)

The **Hotel Continental Forum Oradea** is located very close to the Competition Venue (Arena Oradea). It is situated at approximately 1–2 km distance from the Competition venue (about 5–7 minutes driving).

	<p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by May 26, 2026 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The costs for the accommodations must be paid to the LOC as follows: The total Accommodation costs should be paid not later than June 15, 2026 and accompanied by the official Provisional Accommodation Form. Payment of the Accommodation should be made after information from the LOC for the availability on the requested number and type of rooms!</p> <p>While the Accommodation Form must be returned to the LOC by May 26, at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>Reservations will only be confirmed if the necessary payments are made!</p>
MEALS	<p>The invited participating federations must pay for the meal’s expenses of their delegation members.</p> <p>There is a possibility to order lunch and dinner only for those accommodated via the LOC. The price is 19 Euros per meal. All meals are served in the Hotel. While the Meals Form must be returned to the LOC by May 26, 2026 at the very latest, the costs for the meals must be paid to the LOC by June 15, 2026 as follows:</p> <p>Cancellations or modifications of the meals/ number of people are accepted by June 15, 2026. The LOC will reimburse 100% of the amount for the canceled meals/ persons based on the payment.</p> <p>After June 15, 2026 no money for any cancellations can be reimbursed.</p>
CANCELEATION POLICY	<p>Rooms with or without full board cancelled until May 26, 2026 at the very latest will be subject to a cancellation fee of 0%.</p> <p>Rooms with or without full board cancelled from May 27, until June 15, 2026 at the very latest will be subject to a cancellation fee of 80% to be paid by the Federation concerned.</p> <p>Rooms with or without full board cancelled from June 15 until July 29, 2026 at the very latest will be subject to a cancellation fee of 100% to be paid by the Federation concerned.</p> <p>Cancellation of the confirmed reservation must be done directly to the LOC by e-mail. The date when the official request is received will be valid as a date of cancellation.</p>
FINAL BANQUET	<p>The LOC will organize a Final banquet on August 2, 2026. It will take place in the evening, after the Finals.</p> <p>All accredited participants will be invited to the Banquet.</p> <p>Delegation members will be required to purchase the farewell party ticket (40 Euros per person).</p> <p>Cancellations or modifications of the Farewell party tickets/ number of people are accepted by June 15, 2026. The LOC will reimburse 100% of the amount for the cancelled Farewell party tickets/ persons based on the payment.</p> <p>After June 15, 2026, no money for any cancellations can be reimbursed</p>
BANK ACCOUNT INFORMATION	<p>Each participating member Federation is kindly requested to integrate the payment’s purpose as follows:</p> <p>Beneficiary: FEDERATIA ROMANA DE GIMNASTICA Beneficiary address: Vasile Conta 16, sector 2, Bucharest, Romania Bank name: Banca Comerciala Romana Bank address: Str. Eugeniu Carada nr.1-3, sect.3, 030057 București, România Branch: LIPSCANI</p>

	IBAN: RO25RNCB0090000508400027 Swift code: RNCBROBU Reference: Oradea AER FIG World Cup 2026_(Country)																								
	The participating federation is responsible for covering all bank fees in connection with the bank transfers.																								
MARKETING	FIG advertising and publicity norms must be respected																								
MEDIA	Emanuel Fantaneanu Media officer of Romanian Gymnastics Federation Mobile: +40 722350500 E-mail: apsiunie2002@yahoo.fr , media@frgimnastica.com																								
SOCIAL MEDIA	Facebook: https://www.facebook.com/frgimnastica Instagram: https://www.instagram.com/frgimnastica Website: https://frgimnastica.com																								
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ADDITIONAL INFORMATION	<p>An International event for: - ND and Youths – for the categories IW/ IM/ MP/ TR/ GR/ AD</p> <p>For those age groups an exception in the age is possible only for TR, GR and AD categories as follows: - TR category – max one of the gymnasts could be from a lower age group – In Youths 12-14 and in ND 9-11 - GR category – max two of the gymnasts could be from a lower age group – In Youths 12-14 and in ND 9-11 - AD category – max three of the gymnasts could be from a lower age group – In Youths 12-14</p> <p>Conditions, number of units, deadlines and prices are the same as for the Juniors.</p> <p>No FIG license is requested.</p> <p>More information will be given with the Work Plan which will be distributed to all registered federations not later than 19.062026</p>																								

Sincerely Yours,

30.03.2026
 Bucharest



Ioan Silviu Suci
 President of Romanian Gymnastics Federation