



Video TC Meeting, February 2022

To: All Member Federations

The FIG AER-TC wishes to notify our Member Federations of the following information.

<GREETINGS>

Greetings from the FIG AER-TC. We hope that all of the Aerobic Family are doing well. With the start of the 15th cycle, we would like to introduce our newly elected TC members:

➤ President	Tammy YAGI-KITAGAWA	JPN
➤ 1 st Vice-President	Jorge FILLON	ARG
➤ 2 nd Vice-President	Cristina CASENTINI	ITA
➤ Member	Vladislav OSKNER	RUS
➤ Member (TC Secretary)	Ana MACANITA	POR
➤ Member	Desislava BOGUSHEVA	BUL
➤ Athletes' Representative	Dora HEGYI	HUN

All of us are very excited and committed to work and contribute to the development of our wonderful sport of Aerobic Gymnastics in the world. If you have any comments or suggestions, please feel free to contact us by sending an email to our Sport Event Manager, Mr. Alexandre Cola at: acola@fig-gymnastics.org and we will discuss it as a team.

< World Cups 2022 >

We are pleased to inform you that AER World Cups are coming back and hoping to see many participants. We appreciate all of the NFs for their effort to host competitions during this difficult time. For the dates, please see below for the FIG official calendar.

< WCH & WAGC 2022 >

After the WCH & WAGC in 2018, we are returning to Guimaraes (POR) for the WCH & WAGC 2022. We are very confident with the event since the LOC is very experienced with the organization of the event. Please refer to the FIG website for more information.

< FIG Online Education and Online Test Information >

The FIG has sent the Directives #2 to all the affiliated NFs on January 21, 2022, regarding the Online Judges' Education as well as the Test Instructions for the STS online platform. Please read the directives and the test instructions thoroughly to be aware of all of the information. Complete the necessary registration by the deadline date for the study material and test.

< STS Education Program >

The STS (Sports Training System) programme is available for the Aerobic Gymnastics. The programme contains the following information:

- Competition Videos from the World Championships and the World Games of the following years: 2014, 2016, 2017, 2018, 2021
- TC Content:
 - TC Presentations: CJP, DIFF, EXE, ART in 4 languages (ENG/FRA/ESP/RUS)
 - TC Examples: Practice Routines of CJP, DIFF, EXE, ART with TC Expert Mark and Explanation.
- Info:
 - CoP Errata List in all 4 languages (ENG/FRA/ESP/RUS)
 - "What If?" Q&A Presentations in ENG (some in 3 languages: FRA/ESP/RUS).
 - Test Instructions

** The English version presentations are the most updated version. Translations will be updated later.



< Competition Calendar > as of February 2022

ID	DATES	TITLE	CITY
16853	Mar. 23-27	International Open Competition 2022	Cantanhede (POR)
16787	Mar. 25-27	FIG World Cup 2022	Cantanhede (POR)
16998	Apr. 01-03	23 rd Slovak Aerobic Open	Bratislava (SVK)
16921	Apr. 08-10	Czech Aerobic Open	Prague (CZE)
16788	Postponed	31 st Suzuki FIG World Cup 2022	Tokyo (JPN)
17021	May 19-21	16 th African Championships	Cairo (EGY)
16966	Jun. 10-12	10 th FIG Aerobic Gymnastics World Age Group Competition	Guimaraes (POR)
16967	Jun. 16-18	17 th FIG Aerobic Gymnastics World Championships	Guimaraes (POR)
16282	Jul. 7-17	The World Games 2022	Birmingham (USA)
16725	Jul. 30-Aug.08	31 st Annual International Aerobic Championships	Phoenix (USA)

< CoP Clarifications & Corrections >

The Errata list to the CoP has been published in the FIG website, [here](#) (also on the STS platform) as well as the updated Difficulty Table (February 10, [here](#)).

In addition to the published Errata List, we would also like to clarify more information as follows:

CoP 2022-2024: Errata List #2

February 14, 2022

Page numbers are from published FIG CoP PDF file of May 12, 2021 (en_AER CoP 2022-2024.pdf)

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PART 1: CHAPTER 3 – COMPOSITION OF ROUTINES																																																																											
2-1	20	3.4 Difficulty Table Family 8	Family 8: (add) Vertical Split																																																																								
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2-2	24	5.1.B CJP Acrobatic elements and prohibited moves (-0.5)	<All categories> (add) > Prohibited moves are NOT allowed in the routine (including in the collaboration)																																																																								
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2-5	27	5.2.B. Difficulty Criteria	<p><Evaluating the difficulty elements> (re-phrase and add to clarify)</p> <ul style="list-style-type: none"> ➤ Elements from Family 5 (all Form Jumps) and Family 6 (Split Jump), the form/position must be shown during the airborne phase regardless of where the form/position was shown. They will receive the same value as the same total rotation of the existing elements. ➤ If any element performed which does not exist in the CoP but the base name and the ending position exists: Element and Family will be counted, but receive "0" value (except for the elements from Family 5 & 6-Split Jump), and no Difficulty deduction. ➤ IM: If any base named element from Family 8 is performed, it will be counted (Element & Family) receive "0" value and will be deducted accordingly and: <ul style="list-style-type: none"> - IM: receive "0" value and will be deducted accordingly. - IW/MP/TR/GR: receive "0" value for elements ending in vertical split and no deduction. ➤ For additional elements: number of elements performed are counted but NOT count for the Family. ➤ MP/TR/GR: Family is NOT counted only when 2 different elements are performed at the same time. 																																																												
2-6	28	5.2.D. Difficulty Deduction Table	<p>All Categories: 5th line (add) Repetition of same base named difficulty element</p>																																																												
2-7	28	5.3.D.1 Execution	<p>D.1. Deductions for Difficulty Elements / Acrobatic Elements</p> <table border="1"> <thead> <tr> <th>Small</th> <th>Medium</th> <th>Large</th> <th>Fall</th> </tr> </thead> <tbody> <tr> <td>-0.1</td> <td>-0.3</td> <td>-0.5</td> <td>-1.0</td> </tr> </tbody> </table> <p>Multiple errors are added but maximum deduction is: -0.8 / per element *If performed with a Fall, maximum deduction is: -1.0 / per element</p>	Small	Medium	Large	Fall	-0.1	-0.3	-0.5	-1.0																																																				
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2-8	20	Difficulty Table Family 8	Family 8: (add) Vertical Split																																																												
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2-9	20	Specific Erros Family 8	Family 8: (add) Vertical Split, Illusion, Balance)																																																												
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PART 5: AEROBIC STEP: FIG RULES AND GUIDELINES

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D	Time infraction (± 2 sec. of tolerance)	- 0.2																																																										
E	Time fault (± 5 sec. of tolerance or more)	- 0.5																																																										
F	Failure to appear on the competition area within 20 sec.	- 0.5																																																										
G	Prohibited collaboration (pyramid height)	- 0.5 (each time)																																																										
H	Prohibited moves	- 0.5 (each time)																																																										
S	Performing Difficulty / Acrobatic elements	- 0.5 (each time)																																																										
I	More than 3 collaborations	- 0.5 (each time)																																																										
X	Interruption of performance for 2-10 sec.	- 0.5 (each time)																																																										
Y	Stop of performance more than 10 sec.	- 2.0																																																										
Z	Themes in contravention of the Olympic Charter and the Code of Ethics	- 2.0																																																										
W-1	Presence in prohibited area	Warning																																																										
W-2	Improper behavior/manners	Warning																																																										
W-3	National tracksuit not being worn (see valid T.R.)	Warning																																																										
D-1	Walk-over	Disqualification																																																										
D-2	Serious breach of the FIG statues, T.R., COP	Disqualification																																																										

APPENDIX 1: WORLD AGE GROUP COMPETITION

2-13	66	Exceptions	Junior: (Delete) "Maximum 4 floor elements" <table border="1"> <thead> <tr> <th></th> <th>National Development</th> <th>Age Group</th> <th>Junior</th> </tr> </thead> <tbody> <tr> <td>EXCEPTIONS</td> <td>No 1 arm support</td> <td>No 1 arm support</td> <td>Maximum 4 floor elements</td> </tr> </tbody> </table>		National Development	Age Group	Junior	EXCEPTIONS	No 1 arm support	No 1 arm support	Maximum 4 floor elements
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APPENDIX 4: DIFFICULTY ELEMENTS DESCRIPTION GROUP B < Family 4 >

2-15	91	B449 Revised shorthand	B449: Value 0.9: 1/1 TURN, 1 ½ TWIST OFF AXIS JUMP TO PU 
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APPENDIX 6: GLOSSARY

2-16	124	"C" Collaboration	(Re-phrase to clarify): The process of two or more people working together with partner's help or power to be supported, dragged or off the floor to produce movements/action.
2-17	125	"P" Partnership	(Re-phrase to clarify): An association of two or more people with or without contact/physical interaction (hold/shake hands, casual touch, hug, eye contact, etc.)



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Collaboration examples:



Partnership examples:



AMP Block: (Reminder)

We would like to remind you that, when performing the AMP Block, it is important:

- Not to have any choreographic jumps (eg; Cat jump, Air Jack, Hitch Kick, Fan Kick, etc.)
- To show the correct technique of basic steps
- To show a harmonized teamwork as a unit (MP/TR/GR)
- To perform close to each other in distance (MP/TR/GR)

** It is allowed to perform the AMP Block with partnership and asymmetrical movements but MUST be harmonized movements as a unit. If not harmonized, it will not be recognized as an AMP Block.

** Any movement performed with Super High-Impact will be recognized as choreographic jumps. Gymnasts are allowed to perform choreographic jumps in other AMP Sequences but not in the AMP Block.

< Score Sheet 2022-2024 >

Now the Score Sheet 2022-2024 is available in the FIG Website. We have added a list of CJP deductions for your reference.

< CoP Q & A & "What If?" >

The AER-TC appreciates your questions regarding the CoP 2022-2024. We will be answering recent questions we received from NFs in due time. We will also be adding some explanations in the "What If?" presentations based on the feedback we received. Please check the STS platform from time to time to review all updated information.

Tammy YAGI-KITAGAWA
AER-TC President

Ana MACANITA
AER-TC Secretary