



LAUSANNE (SUI), April 2nd, 2023

To: All Member Federations

The FIG Aerobic Gymnastics Technical Committee wishes to notify our Member Federations of the following information.

< CoP Corrections >

Please make a correction to the published CoP 2022-2024 (published June 14, 2022) as the descriptions were corrected in NL #3:

PART 4 EXECUTION GUIDE: page 51 **Correction**

EXAMPLE OF SPECIFIC ERRORS – Group B

< Group B: Family 4; BUTTERFLY >

“Family 4” Dynamic Jump (Air Turn, Free Fall, Gainer, Butterfly, Off Axis)	Small	Medium	Large
Butterfly: without 1/2 circular swing rotation of the upper body turn on the floor before takeoff.			0.5

< Clarifications & Reminder >

The FIG AER-TC would like to Clarify and Remind below matters:

PART 2 JUDGING: Chapter 5 (Judging/Evaluation)

ARTISTRY: 5.4.D: < 2. Aerobic Content: 2.2 Quality – Variety > AMP BLOCK (MP/TR/GR): page 34

To be recognized as an “AMP Block”:

- All gymnasts must perform the same basic steps (asymmetry/symmetry) with correct rebound technique at the same time as a unit close to each other.
- Using different direction (orientation/rotation) and arm movements (asymmetry/symmetry) are allowed.
- Physical contact between gymnasts is allowed while performing the same basic steps in the AMP Block.
- If all the gymnasts do not perform the same basic steps, it will not be recognized as the “AMP Block”.

ARTISTRY: 5.4.D: < 3. General Content: Complexity – Variety >: page 36

If less than 3 collaborations, the A-Jury reduces -0,2 from Complexity/variety.

This means, if there are less than 3 collaborations (only 1 or 2) = reduce -0,2. Not each missing collaboration.

PART 3 DIFFICULTY GUIDE: page 47

< Minimum Requirement >

- **Air Turn;** Both feet lands together
 - ⇒ This means “Both feet land at the same time”.
 - ⇒ If landing with feet apart, the deduction will be made in Execution (-0.1 or -0.3)

PART 4 EXECUTION GUIDE: page 50

< Large Error >

Large error is a fixed deduction of 0.5 for the one Specific error.

If there are multiple errors and deductions are added/summed, then it is not a Large Error; -0.3 + -0.2 = -0.5

Example: “Straddle Jump to PU”

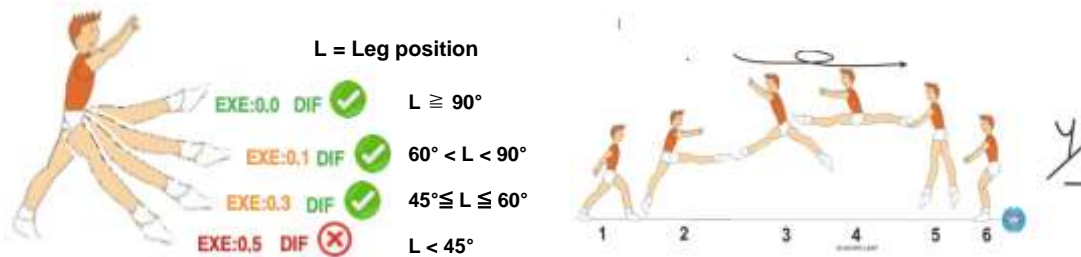
- 1) With a touch = Large Error = deduction -0.5
- 2) With incorrect body alignment -0.3 + knee bent -0.1 + incorrect body form -0.1 = total -0.5 deduction but NOT considered as a large error. This is a sum of Medium Error and Small Errors.



< Scissors Leap and Switch Split Leap >

Leading leg at least 45° to the floor: page 47 & 51 & 101

Execution deductions and Difficulty value:



PART 6 AEROBIC STEP: page 63

< Prohibited movements >

“Building the steps is not allowed except in the final pose, if included.”

This means that after building the steps, these steps cannot be moved until the end of the routine.

APENDIX 1: World Age Group Competition Program 2022-2024; page 68

< National Development >:

- National Development rules are only recommendations.
- Compulsory elements: PU or Wenson PU (No minimum requirements)
- ONLY PU recommendation: shoulders in line with the upper arm.
- **NO DEDUCTION** will be applied if performed; PU + A-frame OR Wenson PU + A-frame.

APENDIX 4: Turn with leg at horizontal and balance turn; page 105-106

The turn starts when the form/shape is shown. And the turn ends when the form/shape is dismantled.

< Competition Calendar > as of March 1, 2023

ID	YEAR	DATES	TITLE	CITY	
17222	2023	Mar. 22 - 26	11 th Cantanhede International Open Competition	Cantanhede (POR)	
17177		Mar. 24 - 26	8 th Cantanhede FIG World Cup 2023	Cantanhede (POR)	
17347		Mar. 31 – Apr. 2	24 th Slovak Aerobic Open	Bratislava (SVK)	
17266		Apr. 21 - 23	Czech Aerobic Open 2023	Prague (CZE)	
17176		Apr. 22 - 23	Suzuki World Cup 2023	Tokyo (JPN)	
17356		May 13 - 14	International “Lithuanian Open Championship 2023”	Kaunas (LTU)	
17372		Jun. 15 - 18	Pharaoh’s Cup 2023	Cairo (EGY)	
17307		Oct. 13 - 15	FIG World Cup 2023 RomGym Trophy	Bucharest (ROU)	
17399		Oct. 27 - 29	Junior Challenge 2023	Anadia (POR)	
16911		Nov. 17 - 19	13 th Senior European Championships *	Antalya (TUR)	
17272		Nov. 17 - 19	13 th Junior European Championships *	Antalya (TUR)	
17310		2024	Sep. 20 - 22	11 th FIG Aerobic Gymnastics World Age Group Competitions.	Pesaro (ITA)
17309			Sep. 27 - 29	18 th FIG Aerobic Gymnastics World Championships	Pesaro (ITA)

* = Scheduled

Tammy YAGI-KITAGAWA
AER-TC President



Ana MACANITA
AER-TC NL Department

