



Lausanne (SUI) March 2019

To: All Member Federations

The FIG AER-TC wishes to notify our Member Federations of the following information.

< ANNOUNCEMENT >

New AER-TC President:

The EC took note of the decision of Mr. Sergio Garcia Alcazar (ESP) to resign from his position of Aerobic Gymnastics Technical Committee President and unanimously decided to name Ms. Tammy Yagi-Kitagawa (JPN), the first Vice President and current acting President, as the new President. No additional member will join the committee to fill the vacant position.

The AER-TC appreciates all of Sergio's effort and wishes him full recovery very soon.

< CLARIFICATION >

◆ CHAIR OF JUDGES' PANEL / TIME JUDGE

TIMING (COP pg. 24/29):

Timing related to all exercises (start of exercise & exercise duration) will be done in 1-second increments. This is unified with all FIG disciplines.

Example: Routine length 1'25"99 is not a time fault. But if 1'26"00, then deduction applied.

◆ EXECUTION

SYNCHRONIZATION (MP/TR/GR/AD/AS):

Synchronization for AMP is deduction of -0.1 each time / per unit (8-count sequence)

MP, TR, GR: Maximum -2.0

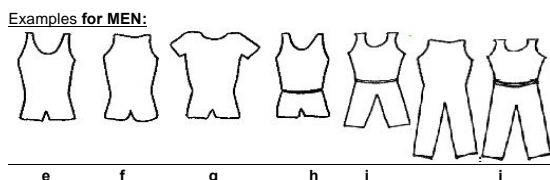
AD, AS: Maximum -3.0

< REMINDER >

◆ CHAIR OF JUDGES' PANEL

DRESS CODE (Men's Attire):

COP pg. 15/29: Men are allowed to wear examples **h, i, j**. The AER-TC observed majority of Men's attire is chosen from examples **e, f, g**. The AER-TC would like to remind that 2 pieces are allowed for men.



LIFT (NL #3):

The AER-TC would like to remind and reconfirm the criteria and evaluation guidelines of the LIFT in the Newsletter 3 (March 2018), which we have published.

After the observation of the past competitions this cycle, many Lifts were NOT dynamic. Movements were repeated in order to earn the maximum value that makes the Lift less dynamic and the flow of the routine is not smooth.



◆ **DIFFICULTY**

COMBINATION OF ELEMENTS (COP pg. 22/29):

For MP, TR and GR, all competitors must perform the SAME Combination of 2 or 3 elements at the Same Time in order to receive the value of the elements and an additional value of the combination.

Different elements in the combination (2 or 3):

- ⇒ No value of elements (2 or 3), no additional value for combination
- ⇒ No deduction
- ⇒ Elements will be counted in the total number of the elements allowed




ELEMENTS WITH TURNS

In order to keep AER discipline in the correct direction, if element with turns was performed with more turns than it is described in the Appendix 2, the element will be evaluated (provided that the minimum requirements are met), according to the Appendix 2. No additional value will be given;

⇒ Example: Balance turn with 4 turns ----- Same value as Balance turn with 3 turns

< EVALUATED ELEMENTS >

The AER-TC would like to inform you with evaluated elements of 2019.

No	Family	Name		Shorthand
A367 (0.7)	Helicopter	Helicopter 1/1 turn to Wenson		$\overset{\times}{\underset{-}{6}}\overset{\circ}{w}$
A368 (0.8)	Helicopter	Helicopter 1/1 turn to lifted Wenson		$\overset{\times}{\underset{-}{6}}\overset{\circ}{w}$
A369 (0.9)	Helicopter	Helicopter 1/2 turn 1/1 twist to PU		$\overset{\times}{\underset{-}{6}}\overset{\circ}{te}$

< CALENDAR 2019 >

ID	DATES	TITLE	CITY
15963	27/03 – 31/03	9 th Cantanhede International Open Competition	Cantanhede (POR)
15886	29/03 – 31/03	6 th Cantanhede FIG World Cup 2019	Cantanhede (POR)
15973	05/04 – 06/04	2 nd International LTU Open Championship	Prienai (LTU)
16063	05/04 – 07/04	20 th Slovak Aerobic Open	Bratislava (SVK)
15882	13/04 – 14/04	30 th Suzuki FIG World Cup 2019	Tokyo (JPN)
16001	24/05 – 26/05	11 th European Championships	Baku (AZE)
16111	01/06 – 02/06	The 14 th Heathrow International Club Competition	Bracknell (GBR)



Tammy YAGI-KITAGAWA
AER-TC President



Maria EDUARDA POLI
AER-TC Secretary